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Carmel Valley Sun

FREE

February 6, 1985 — February 19, 1985

Photo by Debi Effron.

Good Eggs get their just reward

— Page 4

There is hope. Call for help.

— Page 3

How safe are we here in the valley?

— Page 12

LETTERS

Letters to the Editor are welcome from our readers. They must not be more than 250 words, and if possible, typed and double spaced. We reserve the right to edit, discard or return to the sender any letter which does not meet the standards of length or good taste. All letters must be signed legibly and include address and telephone number.

No Longer

Please be aware that I am no longer affiliated in any way with the Carmel Valley Women's Resource Center in Carmel Valley.

An inability to resolve the differences between the two Directors and me insofar as the Center's operation is concerned has caused my resignation to be submitted to the Board of Directors.

Grace Darcy

Learn From This

In the summertime, when the brush is dry and the air hot, as second nature we country residents exist with our noses sensitive to the alarm of smoke. But in the winter time, when wood burning stoves are blazing warmth and nearby vineyards are burning brush day after day, we become immune to the sight and smell of billowing smoke. Sad to say, a neighbor's trailer house and workshop burned to the ground yesterday afternoon. The smoke was seen but ignored.

Survival in the country is made easier by mutual support and assistance. We must not surround ourselves with acreage and lose our concern for our neighbors. Even in the middle of winter, an unusual amount of smoke deserves investigation. Though the CDF would have been too late to do much good, it would have been reassuring to have had them respond. In all probability no one could have controlled the fire but at least perhaps a neighbor should have been there to try.

Let's open our eyes and learn from this one. Fires are ALWAYS a threat to all of us. And mutual concern and observance is good prevention.

Liz Turner
Upper Featherbow

Not Just A Beautiful Place

I want to thank the Chamber of Commerce of *Greater Carmel and Carmel Valley for the biggest surprise of my life*—The Good Egg Award. It shall be a real treasure always, especially because it came from a very unique group of people.

This chamber is probably the only one in the nation that puts the needs of the communities and its people ahead of everything else. There are many examples; to cite a couple—one year, for the annual Santa Claus Fly-In and children's parade, it was learned that Santa needed a new red suit in his rotund size. The Chamber got up the money. It has also sponsored many money-raising events for community needs, for the Community Youth Center and the Fire Departments. Members have given up time from their businesses to raise money for beautification projects; then they dug the holes and planted the flowers and shrubbery. They put into action their caring for their community and their neighbors. And all this comes from a Chamber of Commerce that has no city, county or state suport—which must operate solely with its membership dues.

This reinforces the local saying that Carmel Valley is not just a beautiful place; it is also a way of life. As Earl Nightingale says, "If I don't go to heaven, at least I've enjoyed a bit of it here on earth in Carmel Valley."

In looking at the Good Egg Award, I can only echo what a former recipient said a couple of years ago. Julie Power said, "I always get back so much more than I give." And since most of the people of Carmel Valley are "givers," I'm sure they know what I mean. The Chamber members certainly know!

God Bless each and every one.

Jeanelle Kaminske

Extra Effort

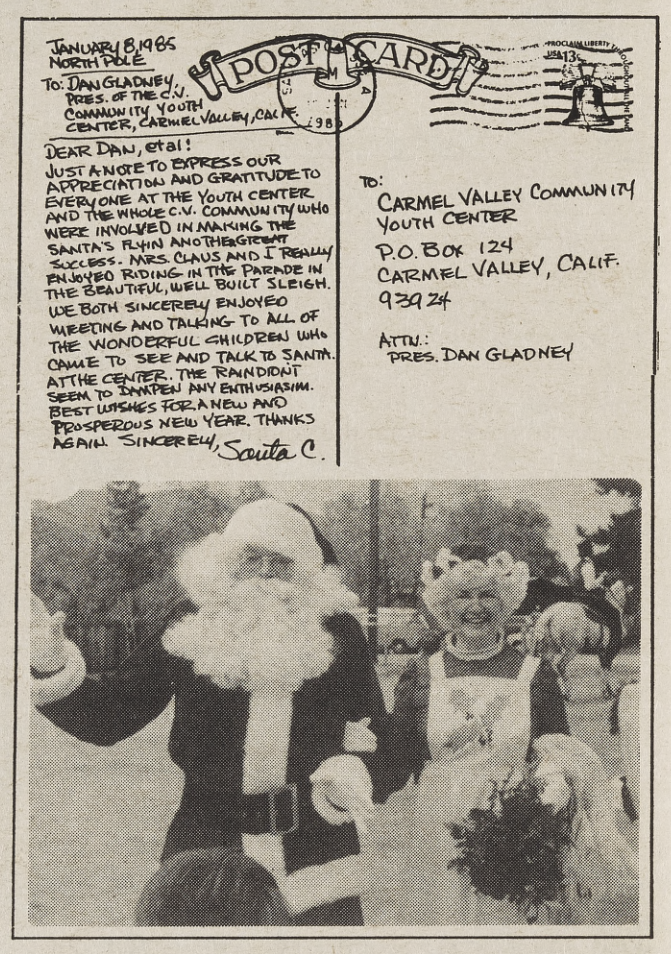
Last week a vacationing New York friend suffered a heart attack in my home while visiting Carmel Valley for the first time.

One might say that Dr. Tocchet's quick action, which perhaps saved my friend's life, was in the line of duty.

Special thanks, however, must be given for the extra effort Dr. Tocchet made to visit, *on his own time,* my friend after he had been placed under the care of a heart specialist in Community Hospital.

In a day and age when too many physicians care more about the bill than the patient, Dr. Tocchet's compassion and consideration deserve special mention.

Mary Tesoro


JANUARY 8, 1985
NORTH POLE
To: DAN GLADNEY, PRES. OF THE C.V. COMMUNITY YOUTH CENTER, CARMEL VALLEY, CALIF.
POST CARD
DEAR DAN, etal!
JUST A NOTE TO EXPRESS OUR APPRECIATION AND GRATITUDE TO EVERYONE AT THE YOUTH CENTER AND THE WHOLE C.V. COMMUNITY WHO WERE INVOLVED IN MAKING THE SANTA'S FLYIN ANOTHERGREAT SUCCESS. MRS. CLAUS AND I REALLY ENJOYED RIDING IN THE PARADE IN THE BEAUTIFUL, WELL BUILT SLEIGH. WE BOTH SINCERELY ENJOYED MEETING AND TALKING TO ALL OF THE WONDERFUL CHILDREN WHO CAME TO SEE AND TALK TO SANTA AT THE CENTER. THE RAIN DIDN'T SEEM TO DAMPEN ANY ENTHUSIASM. BEST WISHES FOR A NEW AND PROSPEROUS NEW YEAR. THANKS AGAIN. SINCERELY, Santa C.
TO:
CARMEL VALLEY COMMUNITY YOUTH CENTER
P.O. BOX 124
CARMEL VALLEY, CALIF.
93924
ATTN.:
PRES. DAN GLADNEY

OOPS

Three slipped by us last issue. We forgot to give Debi Effron credit for the photos of Mrs. Harkins with her students on page 4, Jake Schweers did not receive credit for the *Barber of Seville* photo on page 10 and Linda Lundy's by-line was left off "Keeping In Touch" on page 22.

FRI & SAT SPECIALS

These great specials are in effect Friday & Saturday, February 8 and 9, and Friday & Saturday, February 15 and 16 only. Watch each issue of the Sun for new Specials.

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In the Carmel Valley Village 10 West Carmel Valley Road
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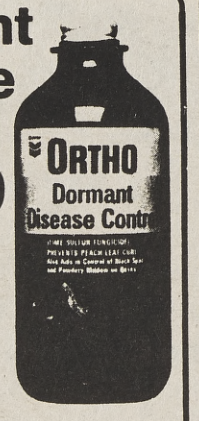

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SUICIDE

It's Not The Answer

"Suicide is a very permanent solution to a very temporary situation," said Elene Johas, Executive Director of the Suicide Prevention Center.

To a person contemplating suicide the world is nothing but bleak and they feel there is no hope. But, according to Johas, "everything can be overcome," and that is what the volunteers at the Center help callers do.

Nationwide, suicides are on the increase and Monterey County is no different. The 1984 totals have not been completed yet, but according to Johas the numbers are up. Historically, Monterey County has been a high suicide area. It currently ranks eighth highest in California.

In 1983 the Suicide Prevention Center received 5,300 calls: 133 lethal calls (in the midst of suicide but decided they don't want to die); 432 semi lethal calls (contemplating suicide, have access and means, and a plan to do it); and the rest were crisis calls (suffering from hopelessness and depression and have a level of lethiality but are calling before they get to that point). Of those calls, Johas estimated that 150-200 were received from the Carmel Valley area.

Most suicides are prompted when a person's life situation changes drastically (ie. divorce, financial problems or job loss). "Their general coping skills will not work and the traditional means of support are not there for some reason," said Johas. "The ways they have coped in the past have not prepared them for the devastation facing them now."

If you need help. There's someone willing.
Call 649-8008

Also, she said, "Society has become very technological. If people are caught up in that and can't relate, that can be very devestating," she said. A great deal of alcohol and drug abuse are also associated with suicides.

The suicides have increased in all age groups and are not more prevalent in one socioeconomic group over another. The largest increase has been in teenage suicides and elderly males.

With teens, said Johas "The goals are not as attainable as they were 10 years ago and they just can't cope with it." She reported that there is one suicide attempt per week at the Juvenille Hall facilities. "Before it didn't happen very often."

Whatever the age group, just what pushes an individual "over the edge" to take their own life is still unknown. Common to all suicides, however, is the lack of hope. "Their souls lose hope and we try to give that back, and we do," said Johas. Of the 133 lethal suicides in 1983 all survived because they called the Crisis Line.

"When all the traditional means of surviving haven't worked, we provide that last link to life. That last hope," said Johas.

For those contemplating suicide, the Suicide Prevention Center Crisis Line is available 24 hours a day, 7 days a week. That availability is "what makes our center unique," said Johas.

Each call that comes into the Center is treated confidentially. Volunteers listen, try to understand the problem and help the caller devise an appropriate plan for overcoming or coping with the situation which has them depressed and suicidal. "They (the volunteers) stick with the people and care," said Johas.

Each volunteer goes through an extensive training before working shifts on the crisis line. They learn listening skills, communication skills, how to develop approopriate plans, what the symptoms of suicide are, how to determine the lethiality of the caller. The course is taught by a psychologist with etensive training in sudden death. "There is a great deal of role playing,' said Johas. The students also role play calls with experienced volunteers. "It's very good training," she said.

The Center asks for a six month committment before a volunteer goes through the training program. Some volunteers stay a year, some longer and some have been with the Center since it started.

There are currently around 55 volunteers working at the Suicide Prevention Center. They range from retired professionals to housewives. "It's a great group of people," said Johas.

Each volunteer works a four hour shift and there are usually four or five people for back-up. Calls come through an answering service system. All calls to the Center are toll free.

Every call is taken seriously and the first thing the volunteers look for is how lethal the caller is. "There is a myth about suicide," said Johas, "that if they threaten they don't mean it. That's not true. People who threaten mean it and all suicide threats should be taken seriously."

Threats are one of the main symptoms of a person contemplating suicide. ("Even if they've threatened 200 times and haven't done anything they should be taken seriously," said Johas. "It might be the 201st time that they follow through."). Other symptoms are statements revealing a desire to die; previous suicide attempts; sudden changes in behavior (withdrawal, apathy, moodiness); depression (crying, sleeplessness, loss of appetite, hopelessness). ("Depression is a *universal sign," said Johas.)*

Giving away treasured posessions is also a key sign, especially in teenagers. According to Johas there have been a large number of teenagers call the center last year. She also noted that the requests to speak at high schools and middle schools have increased.

The Center also gets a lot of third party calls. People wondering how to deal with someone they know is contemplating suicide. "People are afraid to talk about suicide. They are afraid that if they talk about Suicide it will give somebody the idea to do it and that's not true," said Johas. "If you sense it do something about it."

The Center, which was established in 1967, was started by a group of citizens who looked at the fact that the peninsula had a disproportionately high rate of suicides. For the first 4 years it was operated totally on a volunteer basis. Currently there is a part-time executive director but the Crisis Line is still manned by volunteers. The Center covers all of Monterey County and many of the bordering communities of San Benito County..

According to Johas, the Center hopes to expand their services beyond the Crisis Line. They will eventually have a program for survivors of sudden death. "I'm not sure what it will look like," she said, "but the plans are in the works since this is a group that is also a high risk for suicides." Also in the works are plans for a speakers bureau. "Requests for speaking have increased," she said.

Johas, who is a licensed clinical social worker, joined the Center last summer. Prior to that she ran mental health programs in other areas. She

Continued on page 19

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REASONABLE PRICES

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Carmel Valley Sun

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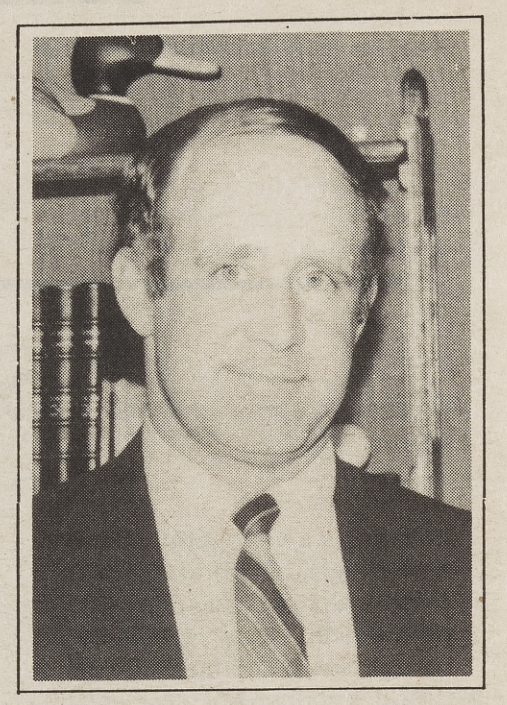
The Cover

Ain't love grand!

Photos by Debi Effron.



Chamber Awards Three "Good Eggs"

The 31st Annual Good Egg awards were presented at the Installation Dinner-Dance of the Chamber of Commerce serving Greater Carmel/Carmel Valley held on January 25 at Rancho Canda Golf Club. Honored as "Good Eggs" this year were Jeanelle Kaminiski, Larry Challis and Bob Rice.

Bob Rice received his "Good Egg" award for his many hours of community service and his work with youth. He has been a member of the Mid-Carmel Valley Volunteer Fire Department for the past 8 years. He has been a volunteer for Youth Baseball and has participated in school projects at both Tularcitos and Carmelo schools. He has also been active with the 4-H.

Rice is Vice President and Manager of the Carmel Office of Gibbs & Soell Inc., a public relations firm. He has lived in the valley for over 10 years. Presenting his award was Ed Haber.

According to presenter Dick Krueger, Jeanelle Kaminski is a "vital, energetic person who will let no grass grow under her feet." Her community involvement earned her the "Good Egg" award. Her activities include the Soroptomist Club, The Professional Women's Network, the Chamber of Commerce, and many other activities as well. She is a member of the Cypress Community Church. She is listed in "Who's Who" in the "Creative Real Estate Handbook and is the owner of Carmel and Valley Realty. She has lived in the valley for over 30 years.

Larry Challis earned his "Good Egg" for his active participation with youth. He has been involved with the Barracuda Swim Team since 1970 and has also been instrumental in teaching hundreds of children to swim over the years. He has been involved with Young Life since 1976 and in 1983 became youth coordinator for the Diocese of El Camino Real. He has counseled youngsters who were facing drug problems, child abuse, running away, sex related problems and family problems. He has been available to his "problem children" at almost all hours of the night.

The giving of "Good Egg" awards was established by one of the founders of the Carmel Valley Chamber Commerce and its first president, Byington Ford. "Good Eggs" are awarded to a person who has made an outstanding contribution to the Valley. They are selected by past recipients.

CVPOA Annual Meeting Will Feature John Zierold

Environmental and growth problems of Carmel Valley will get a new and critical analysis on February 6, when John Zierold, recently retired director of Sierra Club legislative operations in California, will speak at the Carmel Valley Property Owners Association annual meeting. Members and the general public are invited to attend the meeting at 8:00 p.m. in the Carmel Valley Manor auditorium.

Zierold, until recently a resident of Pacific Grove but now living in Sacramento, will speak on "The Threat to Planning: This Time the Wolf is Really Here."

According to President Jerry Foote, headlining Mr. Zierold as speaker departs from the usual CVPOA tradition of having only local speakers at the annual meeting.

"John Zierold," she said, "is one of the nation's leading environmentalists and is generally acknowledged to have been the guiding force behind the entire body of environmental law enacted in California in the last two decades."

He is a recognized expert in steps which can be taken to preserve farm lands, Mrs. Foote said. His accomplishments include creation of the Coastal Commission, Energy Commission, Environmental Quality Act, the Forest Practices Act of 1972 in California, and many other conservation programs.

Mr. Zierold was director of public affairs at what is now the Defense Language Institute in the 1950's and early Sixties. He is a frequent guest lecturer on environmental law at California universities and colleges and is a member of the University of California Agricultural Advisory Committee.

After speaking, Mr. Zierold will answer questions by the audience.

Also scheduled for the annual meeting will be the installation of newly elected directors and officers. The new officers include Jerry Foote, president; Gene Erner, vice president; Dede White, corresponding secretary; Barbara Olson, recording secretary; and John Tiernan, treasurer. Among the new directors are Victoria Andrews, William Cusack, Don Higgins, Howard Judson and Rod Mills. Those retiring from the board are Pam Austin, Paul Beemer, Dick Dalsemer, Nancy Hirsch, Karin Strasser Kauffman, Pat Sorri, and Todd Wahle.

Community Hosts A Successful Fundraiser For Chase Mahoney

John Zelinski was and efficient auctioneer at the Chase Mahoney Benefit. He was assisted by Charity Crane and his wife Joan (not pictured).

Friends and neighbors of the Mahoney's gathered to enjoy the festivities and bid on the items.

We continue to find that Carmel Valley residents are there to help when needed. Recently friends and neighbors of Deborah and Mike Mahoney banded together to have a fund raiser to help defray to costs of kemotherapy which six year old Chase Mahoney is currently undergoing. It was discovered less than a month ago that Chase has leukemia.

In a very short time a barbecue and an auction was organized. There were many involved in soliciting items to be auctioned and others that sold tickets for the barbecue as well as organizing the food.

"Everyone, including the children seemed to enjoy themselves with all the food, drink and great entertainment. It was a heck of a good party," said Bonnie Simms, a neighbor of the Mahoney's. "For me personally helping with the benefit was especially rewarding as it showed me how much people really care about each other and how much love there really is out there."

One of the organizers, Diane Stein, said the benefit raised "more than we had expected."

Overwhelmed by the community support Mike Mahoney said "We don't know what we've done to deserve all this. We really appreciate all the love, support and prayers everyone has given us. We're optimistic. Chase is being treated at UC San Francisco Moffat Long Hospital. We have a long fight ahead of us but we feel very strong now. We will leave it in the hands of the Lord. If there are funds left over after Chase's medical expenses, we would like to contribute the balance towards research in leukemia." Deborah added to that by saying "We're asking for continued prayers for 2-3 years treatment."

Many businesses and individuals contributed to the success of the benefit. Among those were: Carmel Valley Pharmacy, Ahoy There, Valley Video, In & Outdoor Shop, Murphy's Lumber, Bob Fisher, Shirley Bradford Hair Design, Pacific Foto Express, Blackthorn Hot Tubs, Summerhouse, Shirley Bernal Dolls, Lenares Plumbing, Couch Distributors, Coors Distributors, Valley Volks, Hayward Lumber, Farm Center, Fern, Pebble Beach Corp., Will's Fargo, Plaza Linda, Village Market, Smalley's Roundup, CV Country Club, Mushrooms & Produce, Oak Deli, CV Market, Newton Bayless, Mid Valley Safeway, Crossroads Safeway, Monte Mart, Monterey Lucky, Alpha Beta, Village Pizza, CV Natural Foods, Mike Rohan's Texaco, Broken Bit, Monroe's Meats, John Feithael and Kasey's. Providing music for the afternoon were: Bluegrass Monarch's, All in Good Time, Swing Jazz, and Vicky Scardina and Night Life.

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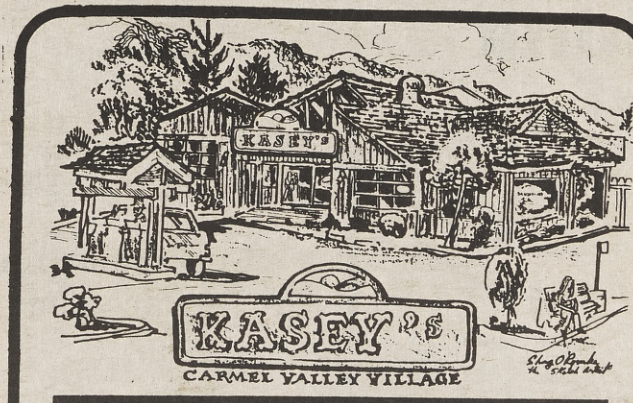

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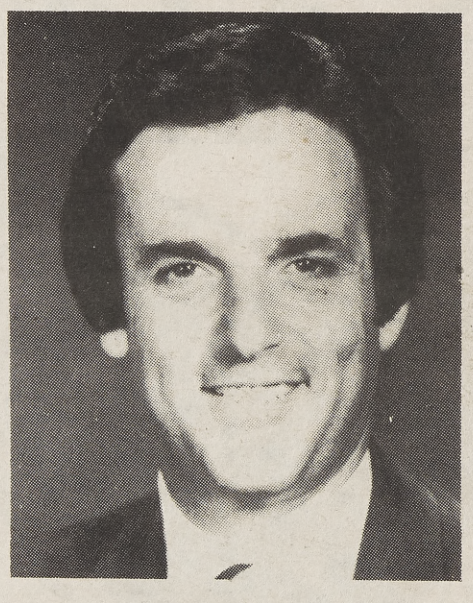

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Gibbs & Soell, Inc. Will Handle Communications For Genentech

The Carmel office of Gibbs & Soell Inc. Public Relations has been assigned to handle a communicaitons program for Genentech Ag, a marketing group within Genentech Inc., South San Francisco.

Genentech Ag was formed to focus Genentech's biotechnology capabilities on products useful to agriculture. The company is developing an interferon product called Interceptor for the management of infectious diseases in cattle. The communications program handled by Gibbs & Soell Inc. will be focused in this area initially.

Founded in 1976, Genentech Inc. was the first company to explore the commercial potential of recombinant DNA technology. Major Genentech accomplishments include the first human protein ever produced in a microorganism (somatostatin) and the first product of recombinant DNA technology to reach the marketplace (human insulin). Other Genentech biotechnology achievements include interferons for anti-viral and anti-cancer treatment, products to dissolve blood clots and human and animal growth hormones.

Gibbs & Soell Inc. is a national public relations agency with headquarters in New York and offices in Chicago and Houston, as well as Carmel. The Genentech Ag communications program will be directed by Bob Rice, Vice President and Manager of the Carmel office. Joining the agency to serve as acccount executive for Genentech is Gary Fackler. A recent graduate of Louisiana State University, Fackler holds a Masters degree in journalism and a Bachelors degree in biology.

Mental Health Advisory Board Members Needed

Fifth District Supervisor Karin Strasser Kauffman is seeking qualified applicants for three appointments to the Mental Health Advisory Board. One of the appointments must be a physician; two appointments are for interested lay persons. The function of the board is to review mental health plans and budget, and to advise the Board of Supervisors and the Mental Health Director regarding mental health needs and services to the community.

Anyone who is interested and resides in the fifth district should contact Supervisor Strasser Kauffman's office at 1200 Aguajito Road, Monterey, or call 649-6515. The fifth supervisorial district includes the Aguajito, Skyline Forest, parts of Monterey and Pebble Beach, Carmel, Carmel Valley, Big Sur, and the Toro areas of the county.

County Food Bank Will Open Peninsula Distribution Office

The Alliance on Aging Monterey County Food Bank will work with Peninsula Outreach Service to open a peninsula distribution office for USDA commodities on February 4th, 1985. The office will be located in the Christian Memorial Church, 520 Sonoma, Seaside and will be open every Monday, Wednesday and Friday afternoon between 1 and 3 p.m. Senior citizens who possess a yellow card from the Food Bank may receive their commodities once a month during any of the open hours. Seniors who do not have a card may call the Alliance on Aging Food Bank at 372-7843 for information or eligibility guidelines.

USDA commodities may include butter, cheese, corn meal, honey, powdered milk or rice and eligibility depends on income. Annual income for one person can not exceed $7,470 and for two people may not exceed $10,080. Please call the Alliance on Aging at 372-7843 for more information

Supervisor Karin Strasser Kauffman Is Seeking A Replacement For Planning Commission Position

Supervisor Karin Strasser Kauffman has announced a vacancy on the Monterey County Planning Commission. The nine-member commission conducts biweekly hearings on planning matters.

Interested parties should be residents of the Fifth Supervisorial District and should have a background of community involvement.

Resumes and interviews will determine selection of the new commissioner.

All inquires should be submitted by February 8 to the Supervisor's office at 1200 Aguajito Road, Monterey, 93940 (phone: 649-6515).

The new commissioner will be replacing Gary Varga who announced his resignation effective February 12. Varga, who has served on the Planning Commission since 1978, is resigning to devote more time to his law practice.

Seniors Can Get Free Tax Help

Senior citizens can have help with their federal and state income tax returns free of charge. Assistance with filing for the State Renter's Credit is also available.

Volunteers have been trained by the Internal Revenue Service and the Franchise Tax Board in order to expand tax assistance to more people.

For appointments and information, contact the Alliance on Aging Information and Referral Program at 280 Dickman Avenue in Monterey, 646-4636.

Lois Epel To Address Network Meeting

Lois Epel, M.A., M.F.C.C., will be the guest speaker at the February 12 Member Showcase Luncheon, sponsored by the Professional Women's Network of the Monterey Peninsula, at The Crossroads Community Room, at 12 noon.

Ms. Epel's topic will be "Relationships: What Makes Yours Work...What Doesn't."

"We each have our own style of relating that works for us, and one that doesn't," Ms. Epel said. "When these are not clear, we find ourselves repeating patterns that are not getting us the results we want, and not understanding how or what to change."

Ms. Epel has worked as a therapist in San Diego, California; Cambridge, England; and, for the past six years, at the Family Service Agency in Monterey. She is now in private practice in Carmel.

Network members are admitted to Member Showcase luncheons (brown bag) without charge; non-member fee is $3.00. For more information, call 659-3933.

Chapel Guild Will Hold Special Birthday Celebration

The Carmel Valley Chapel Guild will hold their regualr monthly meeting on Wednesday, February 13 at 12:30 p.m. in the Fellowship Hall on Village Drive.

February is the birthday month for the Guild, so participants should "bring their pennies" for a special offering. The program is a surprise for all. Birthday dessert will be served by Vera Stokes, Anne Werdelman and Loris Meadows.

Help Needed

The Chapel Guild is in desperate need of volunteers to work in the Thrift Shop on Tuesdays, Thursdays or Saturdays. Any day or hours that can be worked would be greatly appreciated. If interested call Nellie Mirani at 659-2454.

CVPOA Board Will Meet Feb. 13

The next regular meeting of the Carmel Valley Property Owners Association Board of Directors will be held Wednesday, February 13 at 7:30 p.m. at St. Dunstan's Episcoapl Church.

Carmel River Watch Meeting Will Feature Film On Toxic Chemicals

The Carmel River Watch (CREW) will present *Toxic Chemicals—Information is the Best Defense* at their Thursday, February 7 meeting at the Carmel High School. The meeting, which begins at 7:30 p.m., will also feature a slide presentation of the November willow planting along the Carmel River.

The public is invited.

Fooled by the warm January days, these white "milk maids" popped out to greet the world. With this in mind you can imagine what we have to look forward to when spring really hitss. The flowers were among the first sited in our moist valley woods. And according to photogrpaher, Rolf, their four white petals form a cross (cruciferae family), they have three leaves and are peppery in taste.

Beyond War Will Meet February 13

Beyond War members will meet on February 13 at the Carmel High Library at 7:15 p.m.

Those interested can obtain more information by calling Darby Worth at 624-7494.

Sierra Club Outings

Outdoor enthusiasts can participate in two upcoming Sierra Club outings.

The first outing is scheduled for Sunday, February 10 and will feature a hike through Cowell Park. It includes a 5-6 mile walk. Participants will meet at Felton Fair (Safeway) parking lot at 1 p.m. Water and a light snack are needed. Call June Bauman at 426-4495 for more information.

The next outing will be Saturday, February 16. Hikers will wander through the UCSC campus for a gently paced 3-4 mile trek. Participants will meet at Government Center parking lot at 10 a.m. For more information contact Chris Broadwell at 426-3739.

CUSD Board Will Meet Feb. 12 And Feb. 25

The Carmel Unified School District has two Board meetings scheduled during the remainder of February.

The next meeting is Tuesday, February 12 at the Middle School Library. The administration plans to bring recommendations to the board regarding major program and budget planning issues at this meeting.

The following meeting is scheduled for Monday, February 25 at River School. Both meetings start at 7:00 p.m.

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Caught By Surprise!

Kindergarten teacher Sara Harkins, who has earned a reputation for her outlandish outfits is no match for "Cupid" (Jeffrey O. Lach). She officially retired after 29 years of teaching kindergarten on January 25 and Cupid suprised her that day in the faculty lounge. Friends wanted to make her final day as a teacher a memorable one and arranged for the visit.

Photo by Debi Effron.

All Saints' Students Learn With Visual Aids

Photo by Debi Effron.

If All Saints' Episcopal Day School seemed to take on a different look last week it was all in the name of learning. Classrooms changed into indian villages, pyramids and missions as the children built their own visual aids for their studies. Shown here are some of the California Missions on El Camino Real built by the students in Mrs. Sullivan's fourth grade class. The class is studying the Spanish colonization of California. Pictured (l to r) are Michael Levine, Dennis Phillips, Ruby Dominguez and Amber Hansman.

Little League Announces Sign Up Dates

Carmel Valley Little League will start its 1985 season soon and sign ups and try-outs are already scheduled.

There will be six minor league and six major league teams again this year. All boys and girls ages 8 to 12 are eligible. Regardless of athletic ability, EVERYONE PLAYS! The emphasis will be on building sportsmanship, improving playing skills, and having FUN!

Signs ups will be held on Wednesday, February 13, at the Tularcitos Multipurpose Room from 7 to 9 p.m.; Saturday, February 16 at the Little League Ball Park from 2 to 3 p.m.; and Tuesday, February 19 at the Tularcitos Multipurpose Room from 7 to 9 p.m.

A parent or guardian **must** attend. There are forms that have to be signed. A registration fee of $20 is required at the time of sign ups. If this is your child's first year of Little League in Carmel Valley, please bring his or her birth certificate. Uniforms will be provided.

Team try-outs will be held on Saturday, March 2 and March 9 at the Little League field on Paso Hondo Road in Carmel Valley Village at 10 a.m. YBA players may report at 1 p.m. (If rained out, try-outs will be held March 16.)

Volunteer coaches, umpires and helpers to work on the baseball fields are still needed. It is not necessary to have a child in Little League to be a volunteer. All help will be accepted and greatly appreciated.

If you have any questions call Fred Herro at 659-4802 or Nancy Watts at 659-3256.

TULARCITOS REPORTER

by Kate Rosenthal

Everyone at tularcitos is full steam ahead with the beginning of the new year. The children are all busy with school work, before and after school programs and just plain enjoying themselves and being kids. We wish you all a happy new year.

The end of January brings to close the teaching career of one of our most loved and dedicated teachers, Sara harkins. Sara is retiring and for those of you who haven't had the pleasure of participating in one of her kindergarten classes, we assure you she will be dearly missed.

It is that time of year for our annual raffle and silent auction. It will be held on Saturday, March 9th, at the Trail and Saddle Club, 7-10 p.m., adults only. This year the grand prize will be a trip for two to Mazatlan. In conjunction with the raffle there will be a large silent auction and many, many door prizes. We hope to see you there.

Our district is in the midst of selecting a new superintendent. Dr. Elaine Boyce has been hired to implement this proces. She welcomes all input from parents and ocmmunity. If you are interested you may call the central office to make an appointment to see her. This is very important to our district and we do hope that those of you who are interested will participate.

On a drive past our school please take note of the new paint job. The school is looking so bright and cheery now.

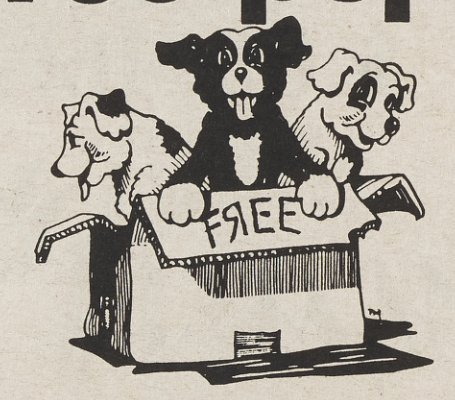
In closing we'd like to share some writings with you from Mrs. Harner's 1st grade class:

I Rode My Bike by Jeremiah Hansen
I rode my bike up a hill. There was a dog in my way. I crashed.

I Rode My Bike by Mattea Querfurth
I rode my bike around my house 360 times. The problem was, I got tired. So I went in my house.

A Trip to San Francisco by Jordan Marshall
I went to San Francisco and I got on a trolley car and it was out of control. I got flung out and landed in Cachagua and I slid down the chimney. Someone was having a fire. I flew out into the sky and an airplane ran me over and that was the end of me.

Avoid the high cost of free puppies



A "free" puppy or kitten is tempting . . . until you consider hidden costs.

That unwanted litter probably hasn't gotten vet care or vaccinations. You will have to provide them yourself.

The Monterey County SPCA has many dogs and cats, virtually all ages, sizes, colors and breeds.

Every one is screened to help assure you that your pet will be healthy and well-dispositioned.

All the Monterey County SPCA asks is that you have a stable, life-long home for the animal. And a small donation. That's not quite free. But it's a lot cheaper in the long run.

MCSPCA

(408) 373-2631 or 422-4721

Courtesy of the Marin Humane Society and Humane Media Group

Water Board Will Adopt Connection Fee Ordinance

Adoption of a permanent connection fee ordinance, consideration of meter setting for the proposed Spanish Bay and Poppy Hills golf courses, and a review of an irrigation system for lower Carmel Valley wells will be addressed at the February 11 Board meeting of the Monterey Peninsula Water Management District (MPWMD). The meeting wil convene at 7:30 p.m. in the Monterey City Council Chambers, Colton Hall.

A public hearing for the first reading of Ordinance 21 which adopts a method to determine water meter connection charges for new construction will be first among the action items on the agenda. Since December, an interim ordinance has based fees on building value. The proposed ordinance will base fees on projected water use. Residential fees will be determined by the number of plumbing fixtures and commercial fees will be based on water use surveys conducted by District staff. If adopted, the ordinance will be effective April 11, 1985.

Another action item for public review is consideration of setting meters for potable water use at the Spanish Bay and Poppy Hills golf courses. The Board will ascertain whether golf course water needs could be met by reclaimed water and will determine how much to charge for meter connection. Because an 18-hole golf course consumes about 150 acre-feet per year, the connection fee could exceed $1 million under the proposed rate of nearly $10,000 per acre-foot.

Other Board action includes approval of an irrigation system design for four wells in the lower Carmel Valley impact zone. Rancho Canada, San Carlos, Pierce, and Cypress wells were installed by Cal-Am in 1981. One of the conditions for County approval was the maintenance of a riparian corridor by MPWMD. The District and Cal-Am have jointly tested the effects of pumping on streambank vegetation for three years, and are now ready to construct the irrigation system this spring.

WMD Hires New Water Augmentation Project Manager

Darby Fuerst has been hired as the water augmentation project manager for the Monterey Peninsula Water Management District. His immediate responsibilities include overseeing the completion of the San Clemente Dam EIR and securing the water rights permit as well as creating a detailed package of water augmentation alternatives to present to the voters.

Since 1981, Mr. Fuerst was the state hydrologist for Montana's Department of Natural Resources and Conservation. There he determined basin-wide water availability estimates and developed water management options.

Mr. Fuerst holds a BS degree in geology from the University of Washington, and obtained his MS degree from the University of Arizona, Tuscon, in water resources administration.

Water Board Orders EIR On Water Reclamation Project

The Monterey Peninsula Water Management District voted January 14, to prepare a focused Environmental Impact Report (EIR) on its proposed Ord Village Pilot Reclamation Project. The site is located on Fort Ord property adjacent to Sand City's northern boundary. The project will test the growth and ability of water hyacinths to treat sewage as part of an overall assessment of wastewater reclamation to augment available water supply.

The focused EIR will address issues such as potential mosquito and odor generation and impact on the Smith's Blue butterfly, an endangered species. The report will be prepared by the District's reclamation specialist with the assisatnace of a biology consultant specializing in rare and endangered species. A Technical Advisory Committee (TAC) comprised of representatives from adjacent cities, county and state health, water and air pollution control, mosquito abatement and other technical agencies is being formed. The TAC will address concerns and provide recommendations to the District board on the proposed facility design and testing program.

February Is Heart Month Says AHA

February is Heart Month and residents of Monterey, Santa Cruz and San Benito counties can expect a visit from a neighbor who will request their support for the American Heart Association. The Central Mission Trails Chapter's goal is $82,000 for the month-long, resididential campaign, according to the campaign chairman, Ferne Mammen of Salinas.

"Our Chapter's total fund development goal for 1984-85 is $325,000. The $82,000 we hope to raise during February is definitely the backbone of our fund development program, as it comprises about 25 percent of. our total goal," Mrs. Mammen said.

Funds raised by the local chapter support state and national research and public education projects. Last year the Central Mission Trails Chapter granted almost $60,000 to California researchers and approximately $82,000 of the funds raised locally were used for nationally selected research projects.

"Every year the American Heart Association receives more requests for research grants than it can supply, so the need continues to be strong," said Margaret Butterfield, chairman of the local board. She added that during the past ten years coronary heart disease has declined 27 percent. "But, more people die from heart and related disease than from any other cause in the United States today. So even though we are making progress, they still have a long way to go and need our support."

Crosswords PLUS

Edited by Stanley Newman
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(Editor's note: Crossword solvers are welcome to write Crosswords PLUS editor Stanley Newman with any questions pertaining to this issue's crossword or crosswords in general. All queries will be answered. Write Stanley Newman, American Crossword Federation, 443 Park Ave., South, New York, N.Y. 10016.)

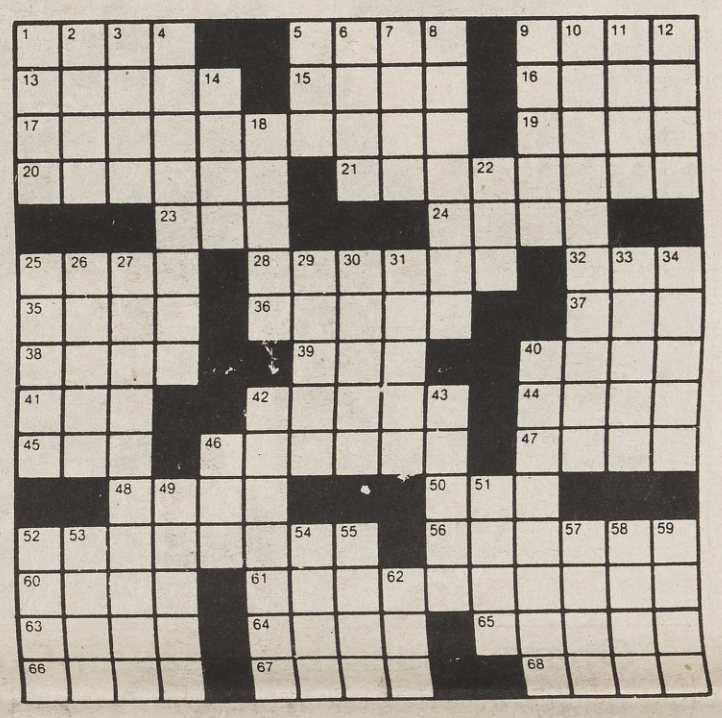
Spice of Life, by Louis Sabin

ACROSS

1 Yokums' creator
5 Gender: Abbr.
9 Tot's four-wheeler
13 Incongruous
15 Inter follower
16 Descartes
17 Spicy berry
19 Best of film
20 Cease
21 Prohibited
23 "_____ Wild Rose"
24 Alleviate
25 Merry sound
28 The Beatles' Sergeant
32 Night hrs.
35 Religious figure
36 Drawing room
37 Drivel
38 Have clout
39 Roofer's substance
40 Plane word
41 Tirol sight
42 LuPone of "Evita"
44 Chamber group
45 Daisy _____
46 Former TV lawman
47 Russian ruler, once
48 Kind of pony or shirt
50 Palindrome word
52 Musical "echoes"
56 Pistol cleaner
60 Iris layer
61 Highly seasoned stews
63 Unflattering gossip
64 Canal or city
65 Storage spot
66 Differently
67 Author Jaffe
68 Lip

DOWN

1 Cod, for one
2 Dr. Comfort
3 Wally replaced by Gehrig
4 Yankee of the 60's
5 Bub
6 S. Afr. lily
7 Salutation word
8 "Stage Door _____"
9 Attends Andover
10 Salad items
11 Eng. queen, 1702-14
12 Honey-based drink
14 Franco or Peter
18 Amasses
22 Scull
25 U.S. Grant, at birth
26 Florida city
27 Palate tinglers
29 "_____ apple every day"
30 Home for 4 Down?
31 Red wines
33 Callas or Bueno
34 Trail
40 Assays
42 Do well
43 Rhone feeder
46 Clay, today
49 Emulate Bryan
51 _____ avis
52 Like an interruptor
53 Like Lucifer
54 Saarinen
55 Top action
57 Curia court
58 Birdsong of the NBA
59 Mil. awards
62 Kid's missle



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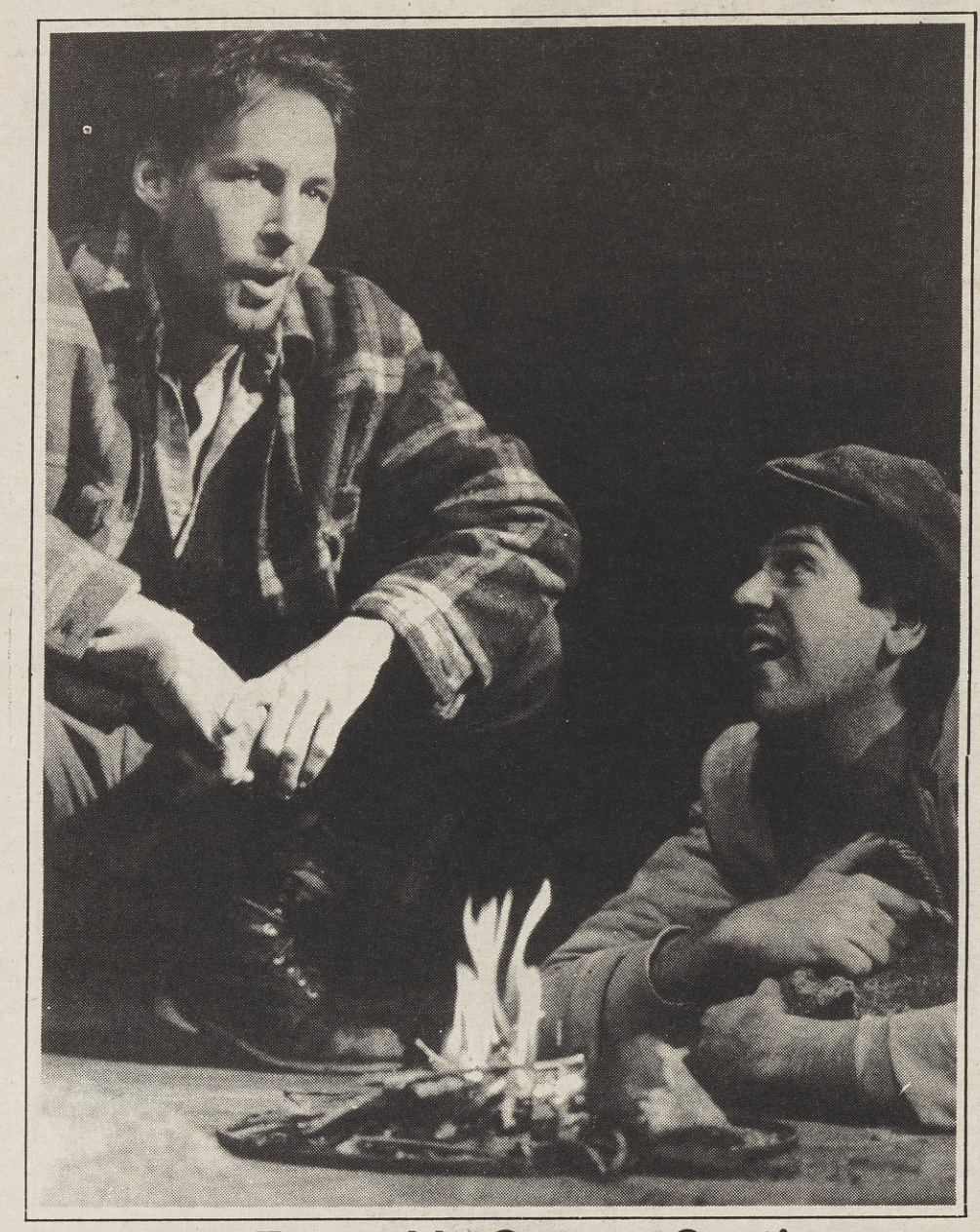
ENTERTAINMENT



Opera Ensemble Season Continues

On the left, David Dunlap as "George" reecounts the dream of owning a small farm to Roy Wilbur who plays "Lennie" in Carlisle Floyd's tragic opera, "Of Mice and Men" at Hidden Valley Theatre in Carmel Valley. Hidden Valley Opera Ensemble is also presenting the Steinbeck play, "Of Mice and Men" and Rossini's comic opera, "The Barber of Seville". For information about the season which runs through February 17, please call 659-3115. Photo by Jake Schweers.

Apartheid Drama To Be Presented Through MPC

The Monterey Peninsula College Drama Department will present the Apartheid drama, "A Lesson from Aloes" beginning Friday, February 15 at 8 p.m. in the York School Theatre. Performances will continue on Fridays and Saturdays at 8 p.m. through March 2, with a Sunday matinee at 2 p.m. on February 17.

Winner of the New York Drama Critics Circle Award as Best Play of the Year, "A Lesson from Aloes" is set in a house in a white district of Port Elizabeth, South Africa, in 1963. The play details a portrait of a society caught in the grip of a police state, and explores the effect of that condition on three individual characters.

Leading the cast is Rosamond Goodrich Zanides, who was last seen in the title role in "Medea" at the Forest Theatre. A veteran of local productions, as well as the Western Stage in Salinas, Miss Goodrich is a native of South Africa and brings her personal experiences with the Apartheid to this production.

Also from the Western Stage are cast members Flip Baldwin, who was seen in "Richard III," "Luann Hampton," and "Whose Life Is It, Anyway?"; and Gene Simpson, known for roles in "Of Mice and Men," "Working," and "Sizwe Banzi is Dead."

The play is directed by Nick Zanides.

General admission is $5 with tickets available at the door.

Dick Gregory To Speak At MPC For "Black History Month"

Monterey Peninsula College will present comedian/human rights activist Dick Gregory to speak for "Black History Month" on Sunday, February 10, at 7:00 p.m., in the MPC Gymnasium.

Known for his provocative and outspoken views on our society, Gregory gained early fame as a comedian and used that career as a springboard for his role as a human rights activist, social satirist, author, lecturer, recording artist, actor, philosopher, and political activist. Credited with opening many doors for black entertainers, he found comedy to be an expedient way to get people's attention, making them think as they laughed.

Gregory's participation in the civil rights movement of the 1960s is well documented, as are his efforts for world peace, hunger, and the rights of American Indians. As a result of his efforts, he was jailed a number of times for participating in demonstrations, and lost credibility in the entertainment profession.

Tickets for the presentation will be $2 general admission, and $1 for students, available at the door.

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Jim Webbor and Eleanor Wylde in the French comedy "A Shot in the Dark" beginning Feb. 8 at the Studio Theatre Restaurant.

Studio Theater Will Present "A Shot In The Dark"

A magistrate's court in France and a murder charge are the main elements in *A Shot in the Dark,* a French comedy written by Marcel Achard and adapted into English by Harry Kurnitz.

The play, opening Friday, February 8 at the Studio Theatre Restaurant, concerns a good hearted and guileless child of nature who is hauled before a magistrate on a murder charge. The girl, who describes her life before the judge as having been a parlor maid who had affairs with both the chauffeur (whose dead body had been discovered beside her unconscious body) and her aristocratic employer, manages to convince the magistrate that she is not guilty.

An investigation ensues which involves the aristocratic employer, who cannot answer yes or no in less than a paragraph and whose own polysyllables make him yawn, and his wife, who "descended in direct line from Attilla the Hun—and looks it." The wife, in the meantime, has been having an affair with her husband's best friend.

In the end, the judge finds the right answer and the little parlor maid ventures to offer herslf to him as a reward.

The play, which originally starred Julie Harris when it opened on Broadway, was called "a bubbling, saucy comedy," by the New Yrok Times. It stars Jim Webber, Nita Raichart, Jim Jensen, Shirley Fischer, David Stein, Kevin Hanstick and Eleanor Wylde.

A Shot in the Dark runs Thursdays through Sundays until March 30. Reservations may be made by calling the box office at 624-1661. Dinner and show are $22.50.

Janet Butler Will Present A "One Woman Show"

Janet Butler presents "The Mischief Maker" and evening of dance theatre on Friday, February 8 and Saturday, February 9, at 8 p.m. in the Monterey Peninsula College Main Theatre.

Janet Butler, an exciting professional dance artist, performer, and teacher presents a diverse program which is humorous, imaginative, dramatic, and deeply moving. As a solo performer, she is charismatic, spirited, and inventive. Using colorful costumes, and clever props, she dances to classical, jazz, and electronic music, transporting her audience to a world beyond—the world of fantasy...

Ms. Butler will debut many new works including "Please Be Seated", a modern dance piece involving the unusual uses of a folding chair. Also, "User Friendly'a high tech dance suggesting the feeling of other worldiness with the use of hula hoops and black light effects. And "Snippet" a combination of three short humourous pieces based on visual images slightly out of proportion and usual context.

Ms. Butler will also be performing such favorites as "Impressions" a modern dance piece inspired by the deep sensitivity of John Merrick, the elephant man, and "Mirage" a modern dance piece using a huge Japanese parasol measuring 80" in diameter.

Ms. Butler's background includes a liberal arts degree from Ball State University and Indiana University. Her teaching credits are as an Arthur Murray ballroom dance instructor, tap teacher, and modern, jazz, and aerobics instructor. She has been on the faculty of the Monterey Peninsula College Dance Department for five years.

Tickets for this "One Woman Show" will be $7 at the door, but are available in advance for $6 at the following locations: The 1887 Shop in Carmel Plaza, The Monterey Dance Workshop in Monterey, and Bookworks in Pacific Grove. For more information call 646-4230 or 724-7235.

HIDDEN VALLEY OPERA ENSEMBLE

Of Mice and Men—The Play
Feb. 2, 3*, 7, 14, 17
Of Mice and Men—The Opera
Feb. 1, 9, 15, 17*
The Barber of Seville
Feb. 3, 8, 10*, 16

HIDDEN VALLEY THEATRE—8 P.M.
Carmel Valley Road at Ford Road
*2:30 Matinee

TICKETS:
Carmel: Countrywide Crafts, The Barnyard, 624-6511; How To Do Anything Bookstore, Lobos Lodge Court, on Ocean, 624-5756.
Carmel Valley: Hidden Valley Theatre, 659-3115.
Monterey: Abinante Music Store, 425 Alvarado, 372-5893.
Pacific Grove: Prim & Proper, 553 Lighthouse, 372-5565.
Salinas: Wardwell Magnavox, 708 Northridge Center, 373-0743; Jim Gattis Men's Wear, 315 Main Street, 758-3315.

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Cal Rep Season Ticket Drive Is Underway

The 1985 Season Ticket Campaign for The California Repertory Theatre is underway with over 20% of the 1985 goal of 3,000 already reached.

Season ticket holders at CAL REP are guaranteed the best seating in the theatre's comfortable 248-seat performance area, conveniently located at the west end of the American Tin Cannery, 125 Ocean View Boulevard, Pacific Grove.

Ticket holders can save up to 33% when purchasing tickets prior to the season's opening in March. Two plans are being offered: purchase 8 shows, save 33%; or purchase 5 shows, and save 25%. In addition, a 20% savings can be made with A Christmas Carol. A new offering for 1985 season ticket holders is an additional savings of 15% on the purchase of individual tickets for guests, neighbors, relatives, and friends.

The CAL REP Task Force, organized for the purpose of assisting CAL REP management in further development of the theatre, will focus on a telephone campaign in early February to increase the number of subscribers.

For further information regarding the 1985 season of plays, contact The California Repertory Theatre at 372-0750.

How Safe Is Carmel Valley

Houses hiding in among the trees and hills, isolated housing developments, large ranches and small commercial centers spread over a vast area are what gives Carmel Valley its rural character. This same spotty development is a perfect breeding ground for crime.

It is the rural areas like Carmel Valley that are seeing an increase in crime, from stealing heavy equipment to rustling and everything inbetween. But according to Sheriff D.B. "Bud" Cook, "When you look at if from the standpoint of other areas it (Carmel Valley) is a very quiet neighborhood and a peaceful place to live."

Quiet, but not silent. Incidences in 1984 from Mid-Valley to the Upper Valley area included 32 assaults (down from 47); 35 residential burglaries (down from 39); 14 burglaries in other types of buildings (down from 16); 26 vehicle burglaries (up from 5); 60 thefts (up from 50); 51 minor crimes and malicious mischief (up from 42); 22 juvenile crimes (down from 35); 10 narcotic violations (down from 17); 1 homicide (no change); 2 rapes (down from 3); 0 arson (down from 1); 1 armed robbery (up from 0). (The up or down figure is in comparison to 1983. When all major and minor crimes are taken into consideration, crimes went down one percent in 1984.)

"We always look for an area of no crime but I don't think any of us know what that is," said Sheriff Cook.

"Residents are pretty safe in the area and there is less liklihood of them being victimized than in many other areas," said Sheriff Cook.

Seeing a patrol car adds to the feeling of security. Working under limited manpower, the Sheriff's Department provides one single man car that patrolls the valley during the day and a two-man car that patrolls at night. According to Sheriff Cook, there is always backup available from adjacent beats as well as a roving unit at night.

Patrol cars do not ease the concern that residents have over Carmel Valley's notariety as a "pot growing" area. According to Sheriff Cook "the pot growing problem is more subtle. The biggest problem is assaults." Those assualts take place when a hiker or horse back rider intrudes on a marijuana growers plantation.

"They become very protective of their turf," said Sheriff Cook, which adds another problem: loss of property rights and free access to public lands.

Among marijuana growers, he said "there's a lot of infighting and pirating going on. They become defensive and often times they try to scare off or beat up the innocent hiker."

"In addition to that they set up their operations on private land without the permission of the owners, or on public lands, certainly without the owners permission and that does deny use of public lands," he said.

"Residents are pretty safe in the area and there is less likelihood of them being victimized than in many other areas."

"It's critical from a public land standpoint," said Sheriff Cook. "they bring in all kinds of chemicals—rat poison, dusting powder, destroy the landscape building huts and chopping down trees, they have signs or set up barricades and bring in all their garbage."

There are not too many busts however, he said. Unless they catch the grower with the crop it is hard get a conviction because of the way the laws are set up.

Marijuana growing is not as major a problem as most people think said Sheriff Cook. "We started the first eradication program in 1978. In '75-'78 it (por growing) was beginning to get established on the Coast and Monterey County. We moved in in 1978 even before CAMP (the statewide program). We were able to make a significant dent on their getting a foothold here in Monterey County as opposed to Northern Counties who ignored them," said Sheriff Cook. "Some places they just took over."

"So we got started early and were able to stay on top of them. It's not stamped out. We just find the crops."

"The whole system makes it difficult to make arrests. They (the growers) have lookouts and know when we're coming," he said.

"We don't have the time and equipment to search the forests for those people," he said.

The philosophy now is to find the plants, root it out and if they make arrests along the way, that's gravy.

According to Sheriff Cook, there is a Special Enforcement Detail consisting of four officers that maintain the marijuana eradication program. They do thee surveys, the paperwork and then call in CAMP when it's time to destroy the crops. CAMP sends in the helicopters and teams to get the "stuff" out and get it destroyed.

The marijuana eradication program does not take away from our standard law enforcement teams reassured Sheriff Cook.

An addition to our security measures explaineed Sheriff Cook is a special task forcce. "There is a sergeant and four officers who move throughout the county hitting problem areas," he said. If there is a section that is getting hit with burglaries that team stakes out the area.

The Sheriff gave some tips to help residents avoid being victimized. One thing he stressed more than anything is developing a neighborhood watch. "Know who neighbors are. Be responsible for each other be a little bit nosey," he said.

As far as commercial developments the Sheriff said one big help would be for the store owners need to keep their windows clearer. "Often they have signs all over and the passing deputy can't see because of the signs." If the deputy can look in and see he has a better chance of apprehending a thief. Commercial buildings should also have night lights and good secure locks on the doors.

"Most burglars go in through the roof or back window," said Sheriff Cook. He encouraged businesses to get alarm systems.

He recommended alarms for people who are away from their houses a lot as well.

"Thieves go to the most vulnerable spot," said Sheriff Cook. "Thieves are not all that smart but they are more likely to break into a place with three newspapers at the door and six inches of grass."

"Anything you do to reduce them ('crooks') coming into your area helps. You may never see it except for reduced victimization."

A good dog is a good deterant. One that barks. "It takes a brave thief to go past a barking dog," he said, "even a Chichuaua. They don't want to get bit."

In real rural areas (farms and ranches) he suggested good locks on gates, posting of property signs (no trespassing, private property).

Ranchers face problems as well. Cattle are prime targets especially when they graze right along the roadways. The Sheriff said fences should be kept in good condition, and encourage ranchers not to leave their equipment out in the field near the roadway. Areas such as Salinas are seeing hydraulic equipment stolen right off the machinery as well as the gas.

According to Sheriff Cook, Monterey has been one of the forerunners in terms of crime prevention especially rural crime prevention. They set up a Rural Crime Prevention Task Force and "have a pretty aggressive crime prevention program."

Heading the Rural Crime Prevention Task Force is Deputy Sheriff David Allard. According to Allard there are many things individuals living in rural areas can do to help prevent being victimized.

For residences one of the first things that can be done is to mark personal belonging with your drivers license number said Allard. Also, developing a neighborhood watch program can

greatly reduce chances of being victimized. Areas in Carmel Valley that already practice neighborhood watch include Rancho Rio Vista, Carmel Views, Carmel Knolls, Tierra Grande and Baronnet Estates.

According to Allard Neighborhood Watch has been proven an effective crime deterrant nationwide. "When crooks see that it's an active crime watch neighborhood they go somewhere else," he said. "Professional criminals have said they don't have to read the sign (the crime watch sign featuring Boris the burglar) They know what it says. They tend to go for places where they feel more comfortable. They don't know to what extent the neighborhood is active," said Allard.

Allard said he would like to see more Carmel Valley areas get involved in neighborhood watch. "Nieghborhood Watch is a community based progam that is as much or as little as the folks want it," said Allard.

According to Allard, it's working together with the neighborhood that makes the difference. "It's all of us working together that makes the differece," said Allard.

"Anything you do to reduce them ("crooks") coming into your area helps. You may never see it except for reduced victimization," said Allard. "The bottom line is it makes a difference."

"It doesn't gaurnatee you won't be victimized but anthing you do reduces the chances," he said.

One way the neighborhood watch helps is by getting awareness up. "Like locking doors," said Allard. "Many of the burgularies would not occur if the doors were locked. Fifty percent of the burglaries county wide our statistics show are unlocked or no sign of forced entry," he said. "If those statistics are any indication, just getting people to lock their homes will make a big difference."

Traditionally, neighborhood watch groups get a lot more attention from law enforcement agencies. We can address problems as a group," said Allard.

> *"...desire plus opportunity equal crime. You can't do much about the desire,...but if you can eliminate the opportunity aspect, then you automatically reduce the chance of being victimized."*

"The way I see it, desire plus opportunity equal crime. You can't do much about the desire, that deals with socioeconomic issues, but if you can eliminate the opportunity aspect, then you automatically reduce the chance of being victimized."

For the ranches and small businesses the Rural Crime Prevention Task Force has also developed a system for them to help reduce crime. There is now available a nationwide identification system for heavy equipment, grains, small business equipment (for any itmes where a personal drivers license would not be appropriate.)

Interested parties receive a ten digit number that is stamped onto their equipment. It is also used on edible confetti sprinkled on hay and grain. With this system law enforcement officers can identify bales of hay or equipment since neither usually have any type of identification at all. Heavy equipment usually doesn't have serial numbers and there is no way to identify hay or grain. "It's a lot simpler and is something they can check on easier.

The number assigned to a business or ranch identifies the state in the first two digits, then the number assigned to the person or business, the last number is the first letter of last name. With this system, law enforcement officers can tell where the equipment is from and most people know their NCIC code and identifying equipment only takes minutes. Officers can tell immediately if its out of the county and should be checked into further.

Usually, said Allard, when an officer calls to see if a piece of equipment has been stolen, it is the first the owner realizes he has been burgularized. Using the ID number also helps get the stolen merchandise back to the owner. According to Allard, a persons word is not enough positive identification to have items returned. There must be positive proof that it belongs to the individual before an item can be returned.

Some agricultural businesses in the valley have already signed up for their identification numbers. "In the long run," said Allard "it reduces victimization

The Sheriff's department will let those interested check out the tools to mark their equipment free of charge. They will also help ranchers or businessmen arrange for their own tools if so desired. By arrangement, they will also do the marking for those interested.

Rural Crime Prevention is a main thrust for the Sheriff's Department and not just during February. According to Allard, they will come out and help neighborhoods organize watch programs, they will do surveys on commercial businesses and make recommendations for crime prevention, or will discuss with groups or members of the business community for areas of specific interest.

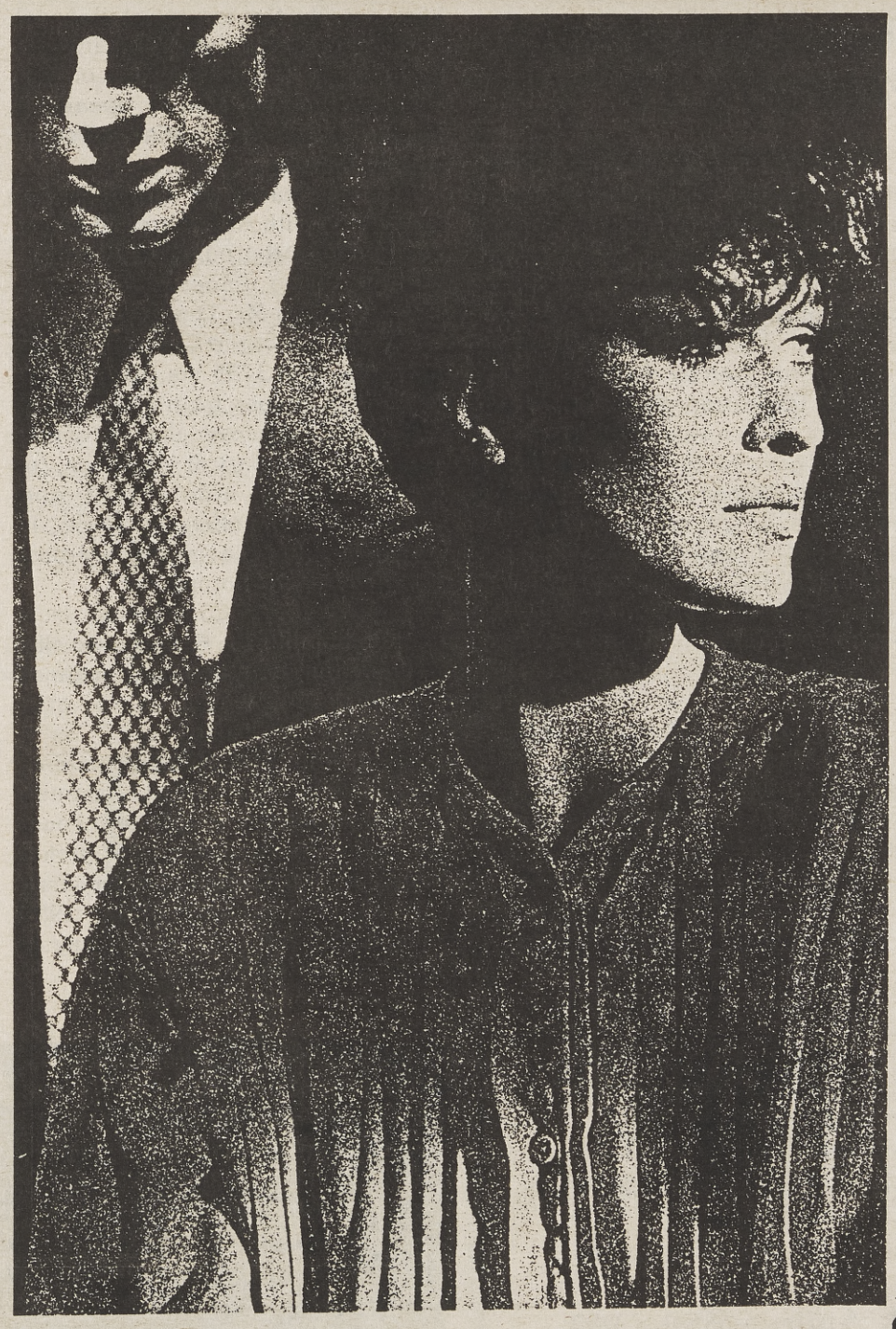
"It isn't cost effective for us," said Allard, "but what you get back in turn is worth it."

"I tell people it's because I'm a lazy deputy. I don't want to come out and take a report that could have been prevented. I would rather spend an hour or two in the positive vein than have to deal with the suffering or pain."

For more information on the Rural Crime Prevention Programs or to apply for an ID number contact Deputy Allard at the Sheriff's department at 372-2374, Ext. 498.

Pretty Darn Safe

Q. ***I've been reading your ads in the newspapers and look forward to them each week. After reading them, I think my wife may need treatment. I want to make sure she goes to a reputable place where she will get the help she needs. Will you tell me more about your hospital and what ACT in Brightside ACT Center stands for?***



A. *Brightside ACT Center is a service of St. Benedict's Health System which is a hospital corporation based in Ogden, Utah. ACT stands for Alcohol, Chemical dependency Treatment. St. Benedict's has been involved with treatment of alcoholism and chemical dependency for over 12 years. There are six ACT Centers across the Western United States in Ceour-d-alene Idaho; Gooding, Idaho; Missoula Montana; Salt Lake and Ogden Utah; and here in Carmel, California.*

We realize that a lifetime of alcoholism and drug abuse cannot be resolved in four weeks of hospitalization, so we provide two years of weekly aftercare for our patients and other people meaningful in their lives. Since we consider alcoholism and drug abuse family diseases, we also involve the family in the recovery process.

Brightside ACT Center purchased the existing building and established the St. Benedict's Health system treatment program last summer. So although we're new in California, we bring to Brightside ACT Center 12 years of successful treatment of alcoholism and chemical dependency.

In a setting of confidentiality, our professional staff can answer your questions about alcoholism and chemical dependence.

If alcohol or other chemicals are causing problems for you or someone you care about, it's time to ACT...Call us at 624-4995. We have trained counselors who will listen and assess your situation 24 hours a day.

If you have any questions concerning alcohol or drug abuse, write to:

Dr. John Bennetts,
Medical Director
Brightside ACT Center
24945 Valley Way
Carmel, CA 93923

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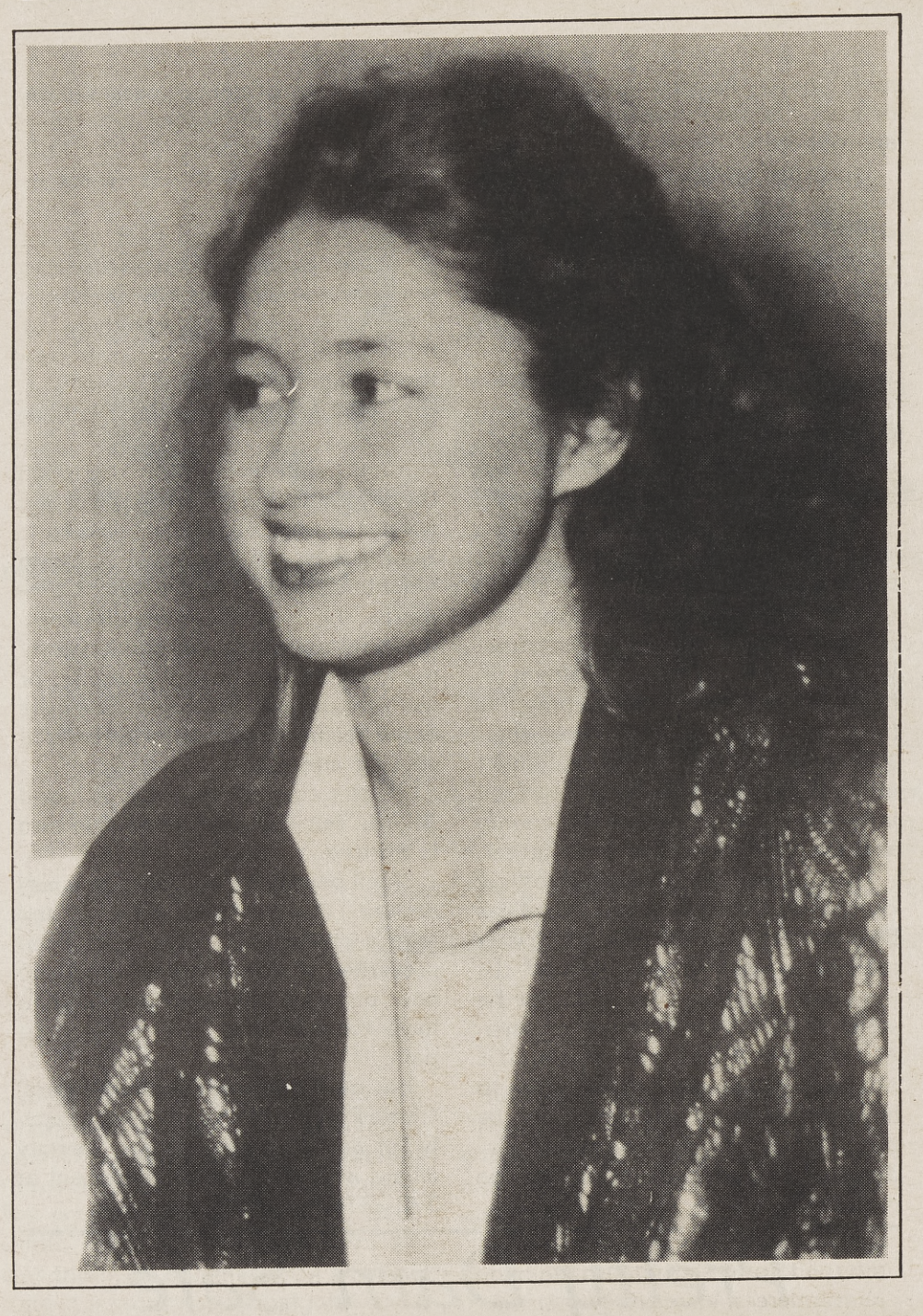
A service of St. Benedict's Health System



James Setapen Will Perform In Symphony Concerts

Neal Stulberg recently accepted the position of Music Director of the New Mexico Symphony, effective immediately. Consequently, he will not be available to conduct the Monterey County Symphony nor be considered for the Music Director vacancy.

The Monterey County Symphony Association is pleased to announce that James Setapen will replace Mr. Stulberg and join the roster of six guest conductors in the 1984-85 season being considered for the post of Music Director.

Mr. Setapen is presently the Associate Conductor of the Denver Symphony. Educated at the Eastman School of Music and the Cleveland Institute of Music, he has served as Assistant Conductor of the Oakland Symphony, Music Director of the Alabama Chamber Orchestra, principal conductor of the Cleveland Opera Theater, and was Music Advisor for the Denver Chamber Orchestra during the 1982-83 season.

Last season James Setapen conducted the South Bend Symphony, the Nebraska Sinfonia and the Baltimore Symphony. In addition to this season's responsibilities with the Denver Symphony Orchestra, he will guest conduct the Birmingham Civic Opera and the Northwest Chamber Orchestra in Seattle.

Monterey County Symphony audiences may recall Mr. Setapen's appearance with the orchestra in November 1982. Conductor Search Committee Chairman, Harold Englund, stated "We are delighted that Mr. Setapen was available on such short notice. He did an excellent job in 1982 and the Search Committee felt that we should bring him back as an official candidate and have the Board, the Symphony community and the orchestra evaluate his talent in terms of our needs."

Mr. Setapen will conduct David Diamond's *Rounds for String Orchestra,* Chopin's *Piano Concerto No. 2 in F Minor* with pianist Leon Bates and Robert Schumann's *Symphony No. 1, "Spring".* The performance will take place on February 24 at King Hall, Naval Postgraduate School, Monterey; February 25 at Sunset Center Theater, Carmel; and February 26 at Sherwood Hall, Salinas. Performances begin at 8 p.m.

For additional information, call 624-8511 or 758-3594.

German Pianist, Babette Hierholzer, Will Perform February 15

The Carmel Music Society presents Babette Hierholzer, the acclaimed young German pianist, in her first West Coast performance, at Sunset Theater, Carmel, on Friday, February 15, at 8 p.m.

Miss Hierholzer, who is a regular recitalist with the Salzburg Festival, made her first public performance at the age of eleven in the Philharmonic Hall, Berlin. She was a student at the Julliard School of Music and also studied under Paul Badura-Skoda, Bruno Leonardo Gelber, Lili Kraus and Maria Tipo. Seven first places in the Steinway Competition and two first prizes in the National German Piano Contest have been awarded to her.

In 1978 she made her debut with the Berlin Philharmonic Orchestra and has since performed with the Philharmonic under the baton of Klauss Tennstedt and Sir Colin Davis. In 1984, Miss Hierholzer performed with the Pittsburgh Symphony.

A high point in her career was her part in the recent film, "Spring Symphony," about Clara and Robert Schumann, in which she doubled for Nastasia Kinski in all the piano scenes.

A brilliant technique, exquisite balance of sound, a poet's attention to detail, and innovative interpretation are the words used by music critics to describe the extraordinary talent of this twenty-seven-year-old pianist.

The program for the Carmel concert will include four sonatas by Scarlatti, D-minor, L. 413, C-major, L. 457, D-minor, L. 423, and D-minor, L. 422, the Variations in D-minor from the String Sextet, B-flat major, Op. 18, by Brahms, Masques and L'isle Joyeuse by Debussy, and Carnaval, Op. 9, by Schumann.

Tickets are available at Bartlett's Music, Carmel; Do Re Mi Music, The Barnyard, Carmel; Abinante Music, Monterey; the Bookworks, Pacific Grove; or by calling the Carmel Music Society, 372-1226. Prices are $9, $10, and $11. Some student tickets are available free of charge upon request.

Towle Capital Corporation Office Opens

Since 1919 the Towle family has been serving the insurance and real estate interests of their client friends. Herb Towle is proud to carry on this distinguished tradition by opening a Towle Capital Corporation office in Carmel Rancho.

"I'm so pleased to announce my association with Alan Altree of Altree Insurance for the purpose of writing and servicing general insurance clients," states Mr. Towle.

Towle is a licensed Casualty Broker now located at 3785 Via Nona Marie, Suite 104, across from the Carmel Post Office. "We cover all areas of personal and commerical insurance, including home, auto, yacht and airplane policies," offers Mr. Towle. "In addition, we provide risk management services to large companies."

Towle Capital Corporation is a licensed Real Estate Broker specializing in buyer broker and single agency broker transactions. Herb also represents "Previews, Inc." as a specialty listor of significant Monterey Bay properties for this national/international marketing group. Herb Towle has earned his reputation as a "broker who cares." He joined his father's Palo Alto insurance brokerage in 1957 upon completion of a tour of duty as a U.S. Air Force Navigator.

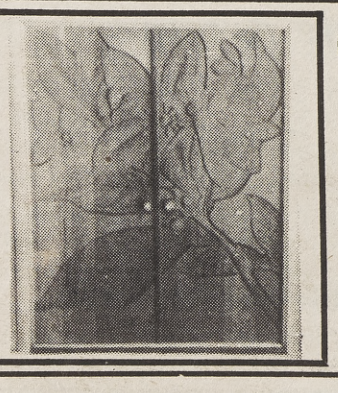
Relocating to Pebble Beach in 1978, Herb has been associated with Sunset Corner Realty in Carmel, Del Monte Realty in Pebble Beach, and Carmel Insurance and Investment. His dual expertise in both insurance and real estate is all to the benefit of his many clients in this area.

Herb Towle and his wife, Else, have settled well into our Peninsula life. The children are grown now, with daughter Karen, a Robert Louis Stevenson graduate, in her Junior year at UC Davis. Son, Brad, is an Air Force officer and daughter Kathleen is married with two children.

Active in the community, Herb Towle is a member of the Pacheco Club, the Carmel Rotary Club, Beach & Tennis Club at Pebble Beach and Friends of the Monterey Institute of International Studies, as well as a number of professional associations.

"I moved to the Peninsula so that I could continue to grow, professionally and personally, in this friendly and informal atmosphere," says Towle. "My clients know they can count on my personal concern. I love this business because I have made so many fine friends in this area."

Want to welcome Herb Towle to his new Carmel business? Just give him a call at 625-3212.



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Peninsula Art Organizations Cooperate To Display Fiber Arts

Representatives of eight Monterey Peninsula art organizations are coordinating their efforts to display fiber arts and crafts throughout March and April, Monterey Peninsula Musuem of Art Director Thomas J. Logan has announced.

The various exhibitions, timed to coincide in part with the National Surface Design Conference at the Asilomar Conference Center in Pacific Grove March 19-22, will be held in the Monterey Peninsula Museum of Art, The Colton Hall Museum, the Pacific Grove Art Center, the Pacific Grove Natural History Museum, Sunset Cultural Center in Carmel, and the Harvey-Baker House in Salinas.

Efforts to coordinate the exhibitions began last year when representatives of the Surface Design Association talked with several local museum and gallery representatives about the Surface Design Conference, Monterey Peninsula Museum of Art Assistant Curator/Registrar Rick Deragon explained. Museum representatives accepted the suggestion for a national juried fiber competitive.

"There is a revived interest in fabric as an art form; we saw the prospect of hosting a national juried show as formidable—but no less exciting—because of the fascinating things done in 'fiber as art'," Deragon explained.

Other local gallery representatives planned their own fiber-related activities, but "it was only recently that the Museum brought everyone together to coordinate the exhibition information," he continued.

The time required to coordinate a series of events, he added, means that much of the activity remains behind the scenes.

"Because of all the coordinating, events such as this one will happen only every one or two years,"; he explained, adding "I hope this is just the beginning of an ongoing cooperation with all these institutions."

That coordination, Deragon said, "affords an opportunity to explore exhibition themes in depth. This (coordinated series of exhibitions) has historical garments, ethnological textiles, and 'fiber as art,' and it's kind of exciting.

"It's fiber explored in depth because of the cooperation."

Exhibition dates are: Monterey Peninsula Museum of Art (March 16-April 28), Colton Hall Museum (March-May 1), Pacific Grove Art Center (March 1-30), Pacific Grove Natural History Museum (March 19-April 30), Marjoire Evans Gallery (March 1-March 31), and the Harvey-Baker House (March 16-June 1).

Cal Rep Is Available For Fundraisers

Are you looking for a unique and profitable fundraising event for your group or non-profit organization? Perhaps your company would like an unusual and entertaining office party away from the office. Now is the time to book an evening of professional entertainment at The California Repertory Theatre.

CAL REP offers an intimate 248-seat house and a spacious lobby for your festivities. A choice of nine high quality productions are yours when you book your group in advance. Your group will get personal assistance from CAL REP's own group coordinator with planning and implementing a successful fundraiser or party.

For information on CAL REP's special group package and attractive discount prices, call Madeleine De Andreis at 372-0750. CAL REP is located at 125 Ocean View Boulevard in Pacific Grove.

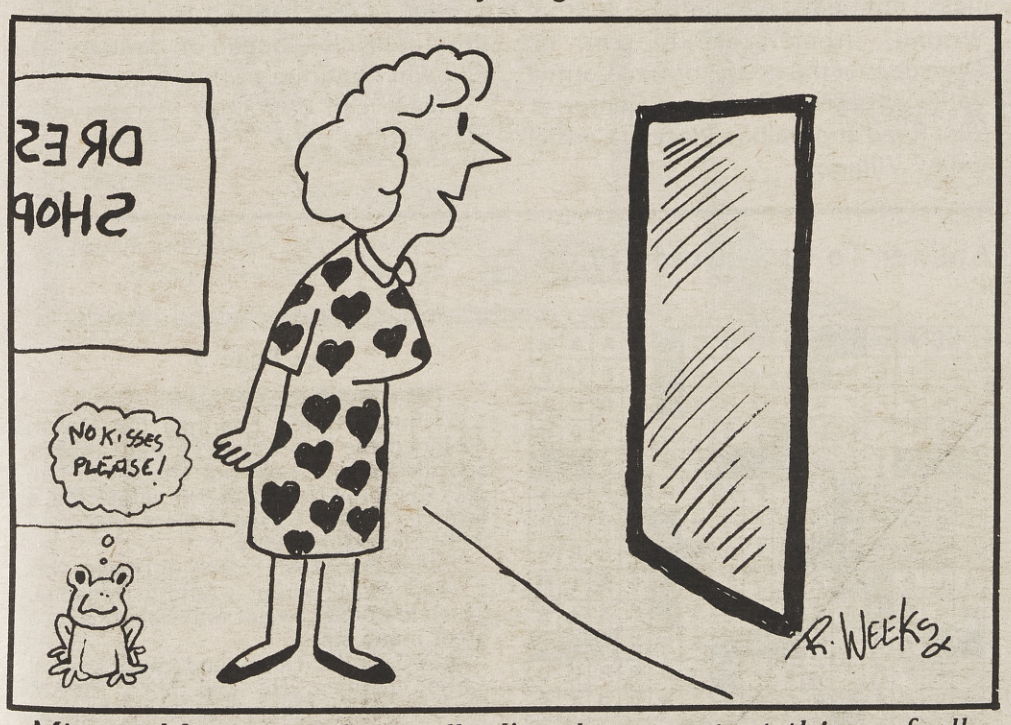
Auditions Open For Television Special

Children ages 8-18 are invited to audition for "Rhythm and Rhyme", a television special. No experience is necessary. All that is required is a high energy level, lots of enthusiasm and a willingness to work in groups in dance/movement and acting experiences.

Auditions will be held at the Carmel Ballet Academy on Mission and Eighth Streets in Carmel on two separate days. For ages 8-11 auditions will be Wednesday, February 13 at 4 p.m. and 5:30 p.m. for ages 12-18. Saturday, February 16 at 3 p.m. is open to all age groups.

For more information call Susan Sachs at 624-2573.

OUT IN THE VALLEY by Rodger Weeks



Mirror, Mirror on the wall...I'm the sweetest thing of all.

Carmel Valley Library Display Will Feature The Paintings Of Watercolorist, Ron Bean

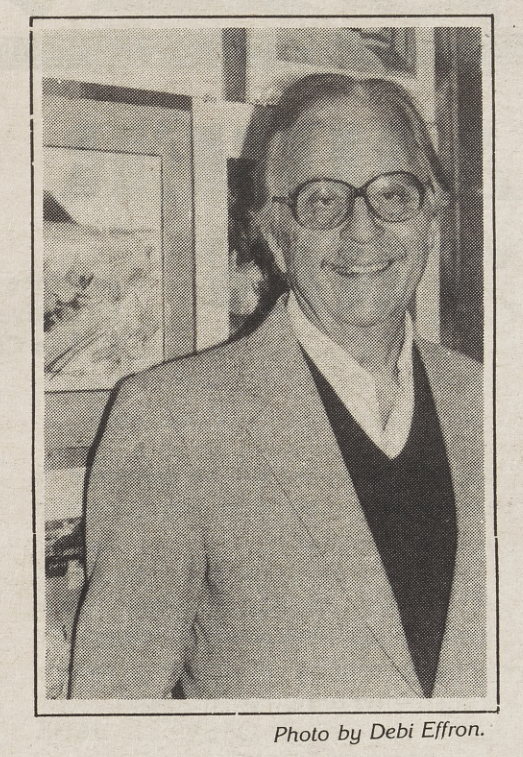


Photo by Debi Effron.

Local artist Ron Bean will have his paintings on display at the Carmel Valley Library through the month of February.

Bean is a watercolor purist, using only transparent water colors and painting landscapes with a romantic, nostalgic realism. Over the years he has sketched and painted widely around the country as well as in Europe and Mexico. He has exhibited in Chicago, North Carolina, Texas and California.

Prior to taking watercolors seriously, Bean was a "Sunday" painter while he worked as an Art Director designing advertising for national accounts through large advertising agencies in Chicago. He retired in 1981 and moved to the valley with his wife Ruth.

Currently his works are on display at his home studio at 175 la Ventana in Carmel Valley. Visitors are welcome.

Fort Ord Cabaret Theatre Will Hold Auditions For "Chicago"

The Fort Ord Cabaret Theatre is holding auditions for "Chicago," a "musical vaudeville." In razzle-dazzle, roaring 20's Chicago, Roxie Hart, a married chorine, murders a faithless lover. Sure that the publicity will catapult them to stardom, Roxie and sister murderess, Velma Kelly, with the slickest lawyer in town, sing and dance their way through their trials, acquittals, and "All That Jazz."

Approximately twenty men and women will be needed to complete the cast for this dazzling Fosse musical.

Auditions will be held Wednesday, Thursday, and Friday evenings, February 6-8, at 7:00 p.m.; and on Saturday, February 9, at 2:00 p.m. Those auditioning should be prepared to sing, dance, and read. An accompanist will be provided, as will music for those without preselected numbers.

The Cabaret Theatre is located on Fort Ord, at the corner of Fourth Street and Fourth Avenue, behind the Beiter Dental Clinic. For more information, call 242-6337.

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BUSINESS

THE CHAMBER CONNECTION

by Grace Darcy
Executive Director
Of The Chamber of Commerce

The big news is, of course, the smashing success of the Chamber's Annual Installation Dinner-Dance. Chamber members and friends filled the huge banquet room at Rancho Canada to honor outgoing president CHUCK McKAY and welcome incoming president LOIS LAMAR. Our special guest speaker was KARIN STRASSER KAUFFMAN, 5th District Supervisor, and long a member of the Carmel Valley Chamber.

Good Egg recipients are LARRY CHALLIS, JEANELLE KAMINSKE, and ROBERT RICE. Presenting the awards were DICK KRUEGER, ED HABER, and RANDY RANDAZZO. Sadly, JEANELLE was unable to attend this particular Dinner Dance because of illness, and this is the first Chamber Dinner Dance she has missed in eleven years. DICK KRUEGER said some kind—and well-deserved—words about JEANELLE; and her Good Egg Award will be delivered to her as soon as she is strong enough to receive a visitor.

Music was provided by MIKE MAROTTA, JR. and his band, and a lively bunch they were. Tripping the light fantastic or jitterbugging, depending on the tempo of the music, were JUDY and DAVID CASWELL, JANE and FRED ELLERBE, VALERIE and CHUCK McKAY, VALERIE and LEE MINK, DORIS and SAL NICITA, SHARON and ROGER STRANGE, and many other Chamber members who could not resist the toe-tapping music.

LOIS LAMAR, the Chamber's new president, looked lovely in a peach chiffon gown; and MELISSA TAYLOR of Wells Fargo caught everyone's eye with her gorgeous glittery dress with matching shoes.

It was a great evening and, from all of the comments your reporter heard, everyone is looking forward to the next

Special thanks to CHUCK McKAY who did most of the planning for the dinner, to DR. KIM HARTFORD who gave a touching invocation, to Rancho Canada's efficient and capable CARL MILLER, who prepared the feast for us, and to NICK LOMBARDO who, although absent, was our host for the evening.

* * * * *

Our next General Membership luncheon will take place on Thursday, February 14, 1985, at Holiday Inn. Featured guests will be MARSHA KADING-KELLY, principal of Carmel High School, and FRANK LYNCH, principal of Carmel Middle School. These two talented educators will bring us up to date on the state of the two schools they head, and will, of course, answer any questions posed to them.

Reservations are required, of course, so call the office at 659-4000 and make yours. Bring a friend.

* * * * *

The Carmel Valley Chamber of Commerce will hold a Mixer on March 28, 1985 at the Carmel Valley Branch of Bank of America, hosted by branch manager JO LOMANTO. JO also is second vice president of the Chamber, and its former treasurer.

On April 25, 1985, The Pewter Shop will be the site of a Mixer. Our hosts will be CV Chamber members NELLIE and PAUL BROCCHINI, owners of The Pewter Shop.

More about these mixers as the time nears. Just wanted you to know that 1985 is going to be a very good year for your Chamber.

* * * * *

Around Carmel Valley Village, we have an opportunity to meet many Chamber members, particularly at the lunch hour. A favorite place is SHELLY'S KITCHEN on the Carmel Valley Road in the Village. Frequenting this delightful, intimate restaurant are CANDACE SNOW, MARVIN GOLDSTEIN, occasionally NANCY HIRSCH, and yours truly. We all enjoy SHELLY SCHACTER's home cooked food and, of course, SHELLY's inimitable sense of humor. Why not join us there next time?

Other favorite places: HEIDI MIGUEL's SUMMERHOUSE, NELSON'S INTERNATIONAL SEAFOOD RESTAURANT, FRAN WRIGHT'S CHATTERBOX. For those who want to eat at their desks, there's good food at JOSEPH'S OAK DELI and CARMEL VALLEY NATURAL FOODS. It seems obvious that there's no lack of appealing places to eat or to buy food in Carmel Valley Village.

* * * * *

I would like to invite readers to send in any questions they may have concerning the Chamber. We'd be delighted to answer such questions or, if they relate to a specific concern, pass them along to the appropriate Chamber member. Members of the Carmel Valley Chamber are community-minded and willing to do whatever they can to upgrade the community. Let them know how *you* feel.

. . .See you next time.

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Journal Writing Class

Illia Thompson, Monterey Peninsula College instructor, is presenting a class entitled, "Thoughts: Journal Writing," from 1:00-3:00 p.m. on Thursdays at the newly formed Carmel Valley Women's Resource Center at Pilot Road and Delfino Place in Carmel Valley Village.

The class is sponsored free of charge by Monterey Peninsula College as part of its Learning is Living Program. The class began on January 31 and will continue each week.

Please call 659-3445 to reserve a place in the class.

Answer To Crosswords PLUS

C	A	P	P			M	A	S	C		P	R	A	M
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See Page 9

SPICE OF LIFE

Architect EERO Saarinen (54 Down) designed the Gateway Arch in St. Louis, and the Vivian Beaumont Theater of Lincoln Center in New York. His wife Aline, a former TV news correspondent, authored a book about his work.

"Stage Door CANTEEN" (8 Down). was a 1943 movie about wartime romance, which featured cameos and walk-ons by a great many stars.

U.S. Grant (25 Down) underwent several name changes. He was born HIRAM Ulysses. He registered at West Pint as Ulysses Hiram, but his congressman had entered him as Ulysses Simpson, so he left well enough alone.

New Venture Capital Company Formed

Stephan Zimmermann, a Carmel investment manager, has announced the formation of Carmel Venture Capital Consultants (CVCC). The new firm provides consultant services to companies seeking non-bank equity or debt financing in the form of venture or bridging capital. Venture capital is start-up funding for companies planning to introduce a patented new product, or a service. Bridging capital provides funds to companies seeking to expand existing sales or to enlarge facilities.

The new firm operates as a division of Zimmermann, Wilson & Company, Inc., an investment management company formed in 1976, of which Stephan Zimmermann is president and chief analyst. CVCC provides business plan generation, cash flow management, product and marketing analyses, and management consulting services. When approved, funding is provided through direct contact in the West Coast financial markets. The services are fee based and geared to clients seeking beteen $250,000 and $3 million in funding. The company will not fund real estate or tax-shelter oriented ventures, and will concentrate on products with a demonstrable market. The company can be reached at 624-0404.

Stephan Zimmermann writes a regular feature column on finance and economics in the *Carmel Valley Sun* and co-hosts a weekly one hour radio show on the same topics on radio station KAZU-90.3 FM in Pacific Grove. Zimmermann holds an M.A. in Economics from the Monterey Institute of International Studies, a Graduate Certificate in Economics from Cambridge University, England, an B.A. in Political Science from the University of California at Berkeley. He is single and has resided in Carmel Valley since 1976.

Leading Designer And Illustrator Will Be The Guest Speaker At PiCA Forum

Milton Glaser of New York, a world leader in designing and illustrating posters, magazines, newspapers, book covers, and the popular "I Love N.Y." logo, will address area graphics professionals Feb. 23 at the Monterey Conference Center.

Sponsored by People in Communication Arts (PiCA) as part of its membership drive, Glaser will be making his only California public appearance this year.

His presentation, "Originality: Influence versus Plagiarism," will be in the Steinbeck Forum and is scheduled for 7:45 p.m., preceded by no-host cocktails at 7 p.m. The public is invited to attend and tickets may be purchased at the door.

Michael Vanderbyl, noted San Francisco designer, will introduce Glaser and moderate a question and answer session.

Although Glaser is not a household name, his influence has been felt by just about every modern American family. His "I Love N.Y." logo bred hundreds of button and bumpersticker copies proclaiming "love" for everything from cities to cats and dogs.

He and Clayton Felker founded New York Magazine, prototype of scores of metropolitan magazines today that present the latest in urban living trends.

He has designed such publications as New West (now California), Paris Match, The Village Voice and Esquire. He also teaches at the School of Visual Arts in New York and has exhibited works at the Museum of Fine Arts, Brussels; Centre Georges Pompidou, Paris; and the Museum of Modern Art, New York.

PiCA member and student admission is $10. Advance tickets for non-members are $17, and may be purchased by writing PiCA, P.O. Box 8725, Monteey, CA., 93943 prior to Feb. 13. Tickets at the door are $25.

PiCA is a nonprofit educational forum, sharing information, ethics and ideas in the field of graphic arts. Designers, art directors and artists, photographers, typographers, production and packaging specialists, printers, writers and anyone with a professional interest in the graphic arts field are invited to join.

Information about membership in PiCA can be obtained at the door or by writing PiCA at its Monterey address.

FACE TO FACE

by Dan Derr
Designer/Photographer

Nuclear Nightgown

Part II In A Fashion Mini-series

Current fashion trends are best explained by societal trends. Later, in another column, I'll explain that this is reversible, where the power of fashion can actually influence a directional imperative of civilization itself. But now let's see how WE direct fashion.

Hair that is "perfectly disheveled," often a costly disarrangement, is the visual equivalent of "blowing one's stack." Picked up and carried by the masses, this portrays a collectively volatile society looking for a placebo. This syndrome extends from the playfully absurd to the visually vicious. In recent years we have seen textural amalgams that gorge the senses, period pieces with menstrual cramps, and neo-neo under the tag of renaissance or reactionary. Seemingly change-for-the-sake-of-change, fashion trends have produced juxtaposition of dissonant design elements, cacaphonous overcompensation for a charade of bathos, ultimately confusing the issue, or is it merely issuing confusion?

Then, what IS the issue? Since body decoration (styling) is an outgrowth of natural markings designated to propagate the species, then the look of things today leads one to the empirical conclusion that contemporary fashion is a population limiter, a deterrent to sexuality, if not an outright mandate to reversal.

Unisex, in its day, said, "everyone do it with everyone". Today the implication is simply, "don't". The game became: I'm not what you think I am, and I'm frigidity to occupation/gender to family/finances—all are population limiters that must rely on fashion to spread the word instead of the problem. "I'm not available, I'm aloof, I'm cold"—all bluffs, because the drives are still very real and strong. We still need it, want it, can get it, but no longer can afford it on many levels—so cover it, uglify it, numb it, lull it—sublimate. And make it fashion—able.

So as the sixties/seventies flaunted and unfastened it, the eighties dictate repression. The end game of the nineties—when we're supposed to *really* be in trouble should find fashion flipping it again—fickle as ever, unless a population limiter of a greater magnitude and proportion intervenes. But who would believe that a nuclear attack would bring about a resurgence of topless bathing suits and negligee? (I wonder how many pink nighties were stored in the bomb shelters of the fifties?) But considering the shape of things, bombs ARE, sort of...aren't they?

Next column I'll show how you can wage your own war, wearing it well, and wondering whether...

P.S. The response to the modeling/star search column has been enormous. I'm scheduling test sessions as fast as possible. You **were** out there!

Thanks.

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NETWORKING

by Grace Darcy

Two Members Were Honored At The Professional Women's Network Annual Installation Dinner

About 85 persons attended the Second Annual Installation Dinner of the Professional Women's Network of the Monterey Peninsula on January 22 at the Holiday Inn. It was a gala event.

Who was she? For 1985, CAROL DONALD is the Networking Woman of the Year. No one was more surprised than CAROL when her name was announced by Woman of the Year Committee Chair, DR. BARBARA HIRSCH. Amid the applause and the oohs and ahs, PWN member DONNA McGONIGAL presented CAROL with a breathtaking bouquet of flowers; and your reporter, as last year's Woman of the Year, pinned the lovely gold Network emblem pin on CAROL.

PWN member and 5th District Supervisor KARIN STRASSER KAUFFMAN addressed those present, and spoke informally about her new position and how women can become involved in politics.

It was a night to remember, that's for sure.

For me, the night will be etched forever in my mind. As past president, I introduced The Network's new president, CANDACE SNOW, vice president, LESLIE SIMON, and treasurer, CAROL DONALD (the secretary, attorney ELIZABETH FIELD, was away on a business trip), when CANDACE took the microphone and read a letter addressed to me. It was the most *beautiful letter I have ever had. . .*from all of the women of The Network. These busy, wonderful, outstanding women have established a scholarship in my name in the amount of One Thousand Dollars to a reentry woman to be chosen by a special Scholarship Committee. The scholarship will be presented in May of each year. I am honored, I am humble, I am overwhelmed.

Normally, I am not at a loss for words but, this time, I was and am. This is, in effect, a dream come true, for I believe that reentry women really need help when they come back into the marketplace. Now, thanks to the Professional Women's Network, such women will be helped through this scholarship, year after year. My cup truly runneth over.

* * * * *

Congratulations to PWN member ANNE SWALLOW, who became the mother of nine pound, one ounce NICHOLAS last week. ANNE, as you may know, is the minister, along with her husband, JOHN PAUL, at the Carmel Valley Community Chapel. We are pleased and delighted, and wish the best tol NICHOLAS, ANNE, and the proud father, JOHN PAUL BEAUDOIN.

* * * * *

Network women are looking forward to participating in Women's History Week at Monterey Peninsula College, and in the dinner parties that will precede this exciting nation-wide celebration. The Network will sponsor a Day of Workshops at MPC on Saturday, March 2, and Sunday, March 3. The dinner parties, headed by PWN members LYNN LARSON and Woman of the Year CAROL DONALD, will take place on February 21 (Carmel Valley Inn), February 24 (a buffet luncheon at The Lodge at Pebble Beach), and on March 2 (a pot luck at the Pacific Grove Art Center). More information on these workshops as the time grows nearer.

* * * * *

LOIS EPEL will be our guest speaker at our Membership Showcase brown bag luncheons, and we hope that you will drop by and hear her. Her subject is: "Relationships: What Makes Yours Work. . .What Doesn't." Be sure to come at 12 Noon on February 12 at the Crossroads Community Room.

Until next time, keep Networking.

Above: Candace Snow (left) takes over the presidency of the Professional Women's Network from Grace Darcy. Left: Grace Darcy presents Carol Donald with the Networking Woman of the Year pin. She was honored for her efforts in CircleVision. Below: Grace Darcy was overwhelmed when it was announced that a reentry scholarship for women was established in her name.

Photos by Debi Effron.

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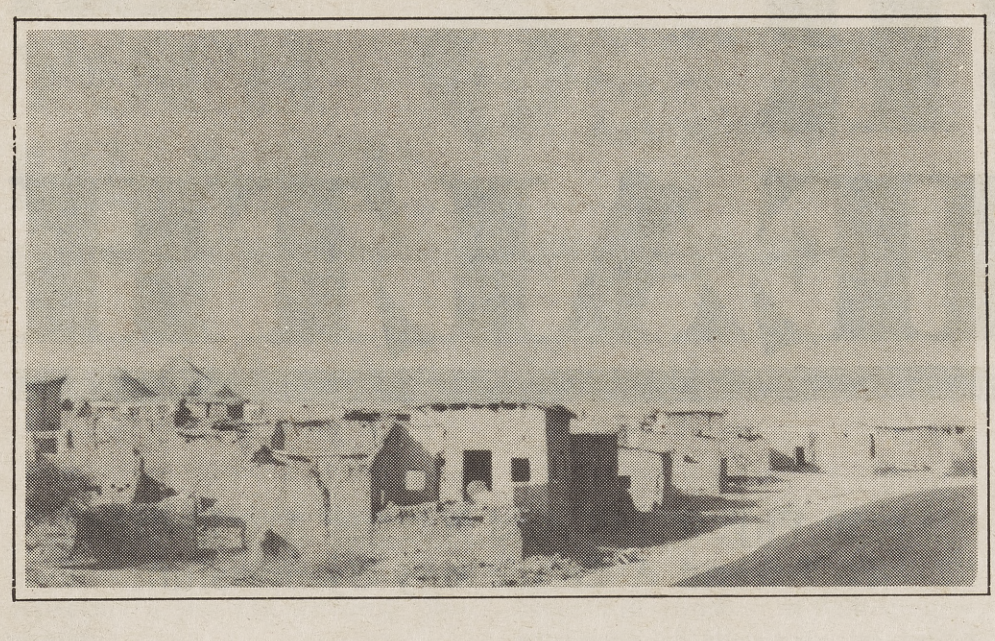

Picture of the Palestinian village bombed out by Israelis.

Tripping Through Jordan

by Betty Hansen

Having carried a yearning to walk where Jesus had walked it was with a certain excitement I viewed our journey from Amman, Jordan to the Occupied West Bank. We left early in the morning driving up into the hills to drop down into the lush Jordan Valley, in the American Embassy courier car which makes the trip to Jerusalem once a week.

As we approached The River Jordan I was warned to take no pictures around the area and to behave myself. It had been my intention to bring water from the River Jordan back to Reverend Jim Brock for baptisms but on the east side of the river, built of small cinder blocks, sat a fort with a machine gun, a Jordanian soldier seated on top. Walking slowly out onto the bridge we could see a much larger fort with a larger machine gun on the Occupied West Bank. In it, an Israeli soldier was guarding "his side".

My daughter Cindy and I stood on the bridge and watched the deep green water flowing beneath us and past tree-lined banks. Not a wide river and no way to get down to it. Actually I felt less creative with guns pointed at me from both sides.

After the license plates had been changed from Jordan to Israeli plates, our car followed us across the bridge to the Occupied West Bank. We were then directed to the customs building.

Joining the women's line I eventually reached a cubicle with an armed woman who ran a metal detector all over me, before she opened everything in my purse. "Sorry," she said and I replied "I'm the one to apologize for having such a large purse." She wasn't amused and reaching for my camera, said she would have to ruin my film. An expression of alarm appeared on her face when I told her it had no film in it. "Why not?" she asked. I opened the camera for her and placed it in her hand saying I preferred to put the film in my camera after she was finished with it. With visible relief she looked in the camera, thanked me and stepped aside to allow me to continue on to join Cindy and Gordon who were already checked through.

Driving on we went through two more check-points.

Now the soldiers, some wearing short sleeves and shorts, appeared very European. (Always a rifle or machine gun with a pistol strapped on the hip. Not easy to become accustomed to.)

Soon, to our right, we passed a small village which had been bombed by the Israelis. The inhabitants who had lived there all their lives would not be able to live there anymore. Perhaps they were some of the thousands who crossed the bridge to live in the Palestinian refugee camps in Jordan. I will write more about these camps later.

As we approached Jerusalem on top of the rocky, brown hills set against a pale blue sky there were hundreds of condominiums on either side of the highway. "Your tax dollars in action, Mom," was the reply to my unbelieving inquiry.

At this point I realize that I was getting an education in foreign policy. We give money to Israel and they buy weapons to blow up the West Bank and uproot the locals who run across the bridge, and then with other tax dollars the Israelis build modern housing for Israelis. *Not my idea of fair. And yet,* did anyone ask me where I wanted my tax dollars to go?

Just before I left Jordan an article appeared in the paper mentioning that the Israelis had bombed yet another small village of thirty houses in order that the tourists would be "safe to make their pilgrimage to Bethlehem at Christmas." At no time did I feel unsafe in any Arab country I was in, and the most fearful time for me was confronting the Israelis when we crossed The River Jordan into the Occupied West Bank.

Although being searched in order to be granted entrance to the Occupied West Bank was a nuisance I thought of the American woman who lived in Amman. She had lived and raised her children in Jerusalem with her Christian Palestinian husband, yet they felt much safer in an Arab country since the loss of The West Bank. In order for her to visit friends, family or shop in Jerusalem she had to submit to a strip search by the Israelis. A trip that used to take an hour and was much fun for them now turned into a very real threat. Naturally she goes over only often enough to retain her visa.

Most Arabs wonder when they will regain the West Bank and how, and yet they know it must happen someday. Until I visited this very tender part of the world I was very sorry for Israel surrounded by those bad Arabs. One only has to see the situation to know something is very wrong and that the United States Government is making a large mistake to scorn the Arab nations. Not only do most Arabs dislike communism, they actually like Americans! It was a good feeling to feel safe on any street at any time of *the day or night sometimes in the company of only women.*

Next time I will write of Bethlehem and Jerusalem and the wonderful sights we saw.

Open Burning Discussions Will Continue Feb. 20

Open burning discussions will continue on February 20 at 1:30 p.m. at the Community Room at the Crossroads.

Members of the Air Pollution Control Board are expected to finalize revisions to Rule 407 which regulate open burning in Carmel Valley. The revised regulation limits the number of burn permits issued on a "burn day" to fifteen per fire protection district (including agricultural burns).

Permits will be issued through the local fire protection agencies.

Suicide continued from page 19

holds a Masters degree from California State University in Sacramento and has a private practice in Salinas. Her involvement in the Center is an extension of her interests.

"This is a wonderful organization," she said. "full of warm, caring, and loving people. It's been a wonderful experience being associated with the center," she said.

In her closing remark Johas wanted to point out to people that "there is hope." Problems are usually temporary no matter how bleak it looks.

"Life can change. You can be better and you can be happy again. There are people who understand. Risk reaching our for that help," she said.

•

The Suicide Prevention Center will hold a training class for volunteers beginning March 5. The course lasts six weeks with one three to four hour class per week. Those interested in the training should write the Suicide Prevention Center at P.O. Box 221702, Carmel, CA 93922 or call 375-6966.

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by Drs. Irving and Kim Hartford

What About My Eyes

You live in a beautiful world...of sunshine, smiles and changing seasons. But as the saying goes, "beauty is in the eye of the beholder." In fact, everything you do begins with what you see...and how well you see it. When your eyes do their job properly, you can appreciate and react to your environment. When they don't you lose sight of it.

What Can I Do To Prevent Eye Problems? Be eye conscious. Wear protective glasses, when appropriate, to prevent eye injury. Wear dark lenses in bright sunlight.

For reading comfort, position your book so that rays from the light source reflect away from your eyes.

Read no closer than knuckle-to-elbow distance. Insist on this for children. Close reading requires excessive effort to maintain clear focus.

To avoid fatigue while reading, look up at the end of each page and focus on a distant object for a moment. After it becomes clear, go back to reading.

Once each month, cover your left eye and look. Is straight ahead clear? How far to the sides, up or down can you see without moving your eyes? Then cover your right eye and repeat. Seek professional help whenever you notice a significant change in straight-ahead or side vision.

Because the eye focuses light extremely well, avoid looking directly at the sun, any very bright flame, lasers, or other source of brilliant radiation. They can permanently destroy the retina.

Wash your eyes—before going to bed, upon awakening, as needed for comfort, and before applying eye medication.

Place a note near your driver's license or other ID stating your daily general health and eye medication. This can help in an emergency or when you're treated by those unfamiliar with your medical and eye history.

When moving or changing doctors, ask that any special information about your eyes, vision, or treatment be sent to your new professional.

How To Handle The Most Common Eye Emergencies. For any serious eye injury you should bandage the hurt eye, cover with a shield or patch taped to the forehead and cheek, and seek immediate medical attention. Serious eye injuries include: any painful abrasion, deep scrape, perforation or *penetrating injury (a foreign body* inside or piercing the eye), deep cut or wound with bleeding, loss of eye fluid, or show of blood in front of the colored part of the eye.

If you get acid, hair spray, ammonia solvent, gasoline, cleaning fluid or other harsh chemicals in your eye, you should hold your eyelid wide open and thoroughly wash with tap water for at least 15 minutes. With caustic or corrosive substances such as lye and strongly alkaline solutions, rinse the eye for 30 minutes. Keep drain water away from the unaffectd eye. Don't try to neutralize the chemical with other chemicals—the heat generated does damage and you'll waste precious washing time. Use a sterile dressing or handkerchief to cover and bandage.

For pain and swelling resulting from a blow to the eye, wash the eye with cold water.

If you get particles lodged between the eye and eyelid, do not use dry cotton or a hard, sharp object for removal. Do not remove objects if they are stuck to the eye. To remove unattached particles on the eyelid, use a clean handkerchief or paper tissue or wash the area with tap water.

You should consult your eye doctor if you have eye discharge, sticking lashes and lids with a membrane or pus, and eye redness. This condition is often highly contagious. Do not try to treat this yourself with medicine or bandages.

You should seek professional attention for the following conditions and/or symptoms: burns resulting in uncontrolled pain; sudden red or pink colored vision (possibly from internal hemorrhage); sudden double vision, particularly if greater in some directions of gaze and uncontrollable, rapid, jerky, "dancing eye" movements of one or both eyes. For any emergency, wash hands if possible before helping. Never rub or squeeze an injured eye or use unknown eye medicines or prescription drugs. It's far better to seek professional help for any eye problem than to delay.

Local Physicians And Nurses Are Invited To Attend A Cardiology Symposium

Local physicians, nurses, and other health professionals are invited to register for a symposium, "Cardiology Today" which will be held from 8:30 a.m. to 5 p.m., February 9 at the Monterey Bay Aquarium.

Top cardiologists will update participants on cardiac catheterization, coronary bypass surgery, coronary angioplasty by laser and balloons, and heart and heart/lung transplantation.

The American Heart Association, Central Mission Trails Chapter, is sponsoring the conference which was made possible by a $12,500 educational grant from Salinas Valley Memorial Hospital. Additional funding was provided by Boehringer Ingelheim.

Conference speakers are Frank J. Hildner, M.D., Director, Cardiac Catheterization Laboratory, Mount Sinai Medical Center, Miami Beach, Florida; Jeremy Swan, M.D., Ph.D., Director, Division of Cardiology, Cedars Sinai Medical Center, Los Angeles; Richard K. Myler, M.D., Medical Research, San Francisco Heart Institute and Edward Stinson, M.D., Professor of Cardiac Surgery, Stanford Medical Center.

Nurses and physicians can earn six hours of continuing professional education credit from conference attendance. The cost of the conference is $60 for physicians and $30 for nurses and other health personnel. For registration brochure, phone the American Heart Association at 372-0485, 688-7272 or 757-6221. Participants must be pre-registered.

The symposium planning committee members are Robert G. Van Horne, M.D., Chairman, James W. Egan, Jr., M.D., David Clark, M.D., and Patty Qualls, R.N., all of Salinas; and Larry Anderson, Seaside.

CPR Courses Are Now Available To Businesses

The life-saving techniques of CPR (Cardio-Pulmonary Resuscitation) will be taught in classes being offered to employees of small businesses in the Carmel/Carmel Valley/Big Sur areas. The Carmel-By-The-Sea Chapter of the American Red Cross announced a new drive to teach the eight hour class to groups of employees, particularly from restaurants. The current CPR and first aid classes for individuals will continue, these new classes will be flexible and able to accomodate a group's business hours.

According to Gisla Dewey, Red Cross Executive Director, any size group is invited to contact the Chapter. One of the first classes will be given to about 18 employees of the accounting firm of Apger, Paik, Jennings & Dunlap, who chose two evening sessions. Saturday sessions are also available.

For more information call 624-6921.

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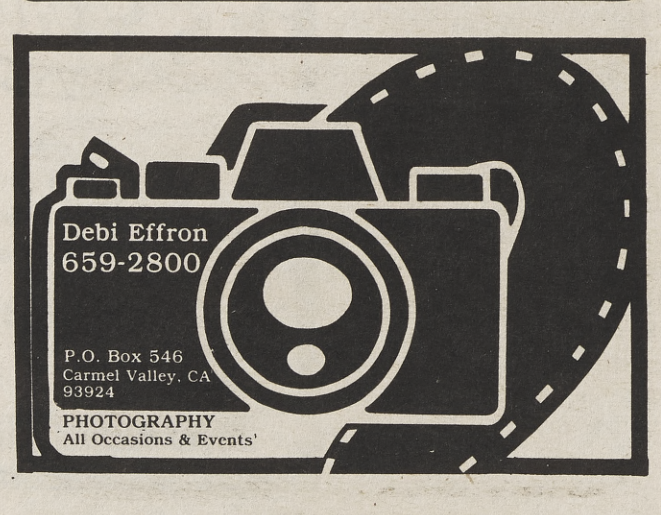

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HELP YOUR HEART

American Heart Association

Eating Away From Home

The typical American eats out once a day. How are your meals out prepared? The answer is important, especially if you are watching your weight.

You can eat away from home and yet enjoy delicious meals that conform with the American Heart Association's dietary recommendations. One way to do it is to watch for the AHA name on restaurant menus. You can find meal options approved by AHA in a growing number of restaurants (Sizzler Family Steak house and the Hungry Tiger, for example), hotels (Marriott, Fairmont and Sheraton) and even on airplanes (American Airlines).

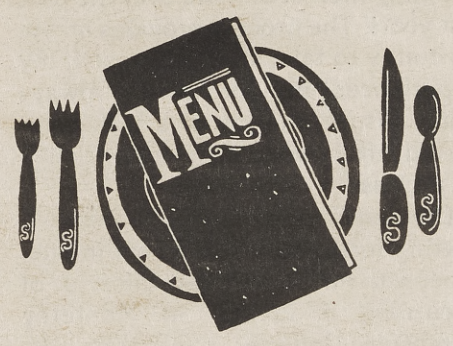
The goal of the AHA's "Eating Away from Home" program is to provide tasty and heart-healthy meals low in fat and cholesterol. The AHA selections on the menu are generally lower in calories too because of smaller portions and modified methods of preparation. For example, meats are lean and usually baked or broiled and vegetables are prepared without heavy sauces. In some parts of the United States, dining out guides produced by local AHA chapters list restaurants that routinely, or at your request prepare food according to AHA's dietary guidelines.

If you dont know enough about a restaurant, call it in advance to ask about the food and whether special reequests will be honored. Ask whether the restaurant will: (1) Serve margarine rather than butter, and skim rather than whole milk? (2) Prepare a dish using vegetable oil—corn, soy, sunflower, safflower—or margarine rather than butter? (3) Trim visible fat off meat and skin off poultry? (4) Prepare a dish without added salt or monosodium glutamate, MSG? (5) Serve fruit—fresh or in light syrup—for dessert? (6) Have a special seating area for non-smokers?

Once you're in the restaurant, be assertive. Remember that you are the patron. Don't be intimidated by the menu, atmosphere, waiter or waitress. If you wish to cut down on the size of your meal, choose appetizers as the main course, order a la carte or share the food with a companion.

Insist that food be served the way you want it—with dressings, gravies and sauces on the side, for example. Send the food back if they don't do it right.

Help your heart! You can get a healthy meal if you know how. When reading the menu, look for items prepared without adding fat, such as those that are steamed, cooked in their own juice, broiled, roasted or poached. Avoid food cooked in butter sauce, cream sauce, cheese sauce, hollandaise or gravy. Also avoid food that's been sauteed, fried braised, creamed, escalloped, basted, stewed, pickled or smoked.



Noted Author And Lecturer, Dr. Sidney Simon, Will Present A Workshop On Self Esteem

The Santa Cruz Values Association is sponsoring a two-day workshop entitled, "Self-Esteem and Personal Success," with internationally acclaimed author and lecturer, Doctor Sidney Simon. Dr. Simon is a recognized authority on values clarification and has authored numerous books and articles including: *Helping Your Child Learn Right from Wrong, Negative Criticism, Meeting Yourself Halfway,* and *Values and Teaching.*

The workshop is designed for all those in the helping professions and everyone who is interested in personal growth and in human relations skills. It will help you to clarify and act on your personal values; foster positive relationships with friends, family and clients; take positive steps towards your personal and professional goals; and build self-esteem.

The workshop will be held on Saturday, February 9, from 8:00 to 5:00 p.m.; and Sunday, February 10, from 9:00 a.m. to 2:00 p.m. There is an optional evening session from 7:00 to 10:00 p.m. on Saturday. It will be located at the Education Building, Dominican Hospital, 1555 Soquel Drive, Santa Cruz. The cost is $60.00 per person and includes lunch on Saturday and snack break on Sunday. Group registration is available at six for the price of five. One unit of UCSC Extension credit is available at registration.

For more information, contact evenings: Rena Saunders, (408) 429-1266; or Carole McPherson, (408) 423-1683.

Sheraton Hotel Will Provide Special Meals During "Heart Month" In Cooperation With The AHA

"Eat, drink and be healthy." That's what Sheraton Hotels are urging their guests to do all over the nation. The Monterey Sheraton plans a local promotion of this campaign in conjunction with Heart Month this February. Chef Heinz Guggisberg will create special meals for the Three Flags Cafe designed to demonstrate to the lunch and dinner crowds that heart-healthy food can be a wonderful dining experience. Furthermore, whenever a customer orders the special heart month meals, the Monterey Sheraton will donate a portion of the proceeds to the Central Mission Trails Chapter of the American Heart Association.

Monterey Sheraton public relations director, Gabriela Knubis, says that she has observed that an increased number of hotel guests are trying to lead healthy lifestyles. "Many of our guests arrive with jogging gear and sports equipment. When they come into our restaurants, they want fresh food which is light in calories. We offer this style of eating in each of our restaurants all year."

Anyone who would like to treat themselves to a delectable, heart-healthy lunch and earn a donation for the American Heart Association is invited to dine at the Three Flags Cafe in the Monterey Sheraton, 350 Calle Principal, Monterey any day of the week during February. The Three Flags Cafe opens at 6:30 a.m. and no reservations are needed.

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WHERE THERE'S SMOKE

by The Fire Department Staff

Electricity—Fire And Shock

The most famous early experimenter with electricity was Benjamin Franklin—armed with his knife and brass key. It was a dangerous experiment and, while he didn't know it at the time, Ben could easily have received a fatal shock.

Since Franklin's time, we have acquired a great deal of knowledge about electricity. We know what we can do with it—convert it to mechanical power. . .to heat. . .to cold. . .to voice signals. . .and much more. We use electricity to light, cool and heat our homes and offices, to refrigerate our foods, to talk to each other around the world, to communicate with astronauts on the moon and even to search for life on Mars. We have developed detailed theories about electrons, and we have found natural laws that enable us to make electricity behave for us. In short, with today's technology, we can use electricity to do just about anything we want.

Electricity presents two major hazards: fire and shock. Strangely enough, there is little real excuse for either, because today we have ample knowledge about the dangers of electricity, and specific ways for avoiding these dangers. Many accidents and injuries associated with electricity are caused by human factors: lack of information, indifference, overconfidence, or just plain foolhardiness. Many people take chances with electricity, perhaps without realizing the possibilities of injury or death.

A Roadblock to Shock. A conductor is a substance through which current can easily flow when voltage is present. Copper wire is a good example of a conductor. A substance that is not a conductor of electricity is called an insulator. Some of the most common insulators are glass, porcelain, rubber, plastics, ceramics, dry wood and even air. The most important thing to note about insulators is that they can protect us against shock.

When working with electricity, take precautions to assure proper insulators are in place and intact, between you and the electrical current. If you are not certain and have reason to believe there might be a live current, do not touch the electrical source or anything touching it until you can shut off the electrical supply.

Fire Hazards. Electricity flowing through a conductor generates a certain amount of heat—whether we want it or not. We keep the heat to a minimum by using a conductor of the right size. Sometimes we want the heat—in the case of an electric iron, oven, range, toaster, etc. One way in which electricity can cause a fire is by circuit overload: carrying too much current for the size wire used. The wire will overheat and start flammable materials smoldering.

Every circuit has an amount of current that it will carry safely without overheating. For example, most household circuits are designed to carry 15 amperes. If you connect lights and appliances totaling more than 15 amps, you overload the circuit. Every circuit has a fuse or circuit breaker acting as a safety device in electrical circuits; but fuses and circuit breakers cannot provide for all situations. Extension cords can easily be overloaded, even though the circuit breaker is not. If you use an inadequate extension cord, it can readily overheat and possibly cause a fire.

Fire can also be started by sparks that an electrical circuit may throw off when malfunctioning. This is called a short. A short circuit is dangerous because the electrical current takes a different path than the normal path or electrical flow—one of less resistance. If an appliance develops a "short" within it, the "shorted" part will receive little or no current while other parts of the appliance receive too much current. This produces sparks and overheating and can create both a serious fire and shock hazard.

General Safety Information. Stay away from power lines—never let anything you are holding touch a power line. Never let children fly kites near power lines. Never touch a tree limb that is on an overhead line. Warn your children that all trees near overhead lines, poles with wires and fences around substations and transformers on the ground are off limits.

Extension and appliance cords are a primary cause of burns, electrical shocks and fire. Small children should never be allowed to tug, bite or play with electrical cords. When you unplug an appliance, pull it from the plug, not the cord.

Never plug in appliances near bathtubs or basins and never wash electrical appliances such as the coffee pot or frying pan while they are still plugged in. Electrical cords should be kept away from water, heat and flame. Cords should never be placed under a carpet, over a nail, or in doorways or traffic areas.

Appliance and extension cords should be inspected regularly for fraying, exposed wire and loose prongs. Wall outlets or extension cords should never be overloaded. An extension cord must match or exceed the size and type of cord that comes with an appliance.

Make sure that electrical tools are properly grounded with a 3-prong plug or are the U.L. approved, double insulated type. Never use a 2-wire extension cord with a 3-wire power supply cord. Never touch a person or equipment in contact with a power line or supply.

Special equipment and care must be used when dealing with live electrical current. DO NOT ATTEMPT ANYTHING INVOLVING LIVE ELECTRICAL CURRENT YOURSELF. If the electrical current poses an emergency, call 911 and request the fire department and P.G.&E.

THOUGHTS

by Illia Thompson

"Learning Is Living"

A friend told me of the need for people to work creatively with older adults. Having experience with preschoolers through young parents during my educational career, the idea pleased me. Writing has become a growing interest of mine over the past few years. The process provides an opportunity to take stock of myself, my experiences, my thoughts. I always note closure, the joy of a task completed, after I write. Why not offer this as a class?

Dressed in a classic grey flannel suit, putting forth the professional image, I met with Mr. Jim Chubb, Director of "Learning is Living" at Monterey Peninsula College, a program designed for the convenience of adults who would not ordinarily take courses on the college campus. My previous experiences, current credentials, and the desire to set up a creative writing program added up to a positive go ahead. Paperwork took about a month; then, feeling somewhat like a pioneer, I began the assignment of getting the classes together. "We'd like to expand more into Carmel Valley," Jim Chubb said. "See what you can do there."

My Carmel Valley classes currently are held at Rippling River, Del Mesa Carmel, and the newly formed Carmel Valley Women's Resource Center. Through techniques intended to draw forth each individual's creativity, words flow freely. I am constantly amazed at the quality of the students' work. Sharing is part of the procedure; knowing each other more deeply is a welcome by-product of our weekly sessions. The wealth of experiences takes on new meaning when put down on paper. We intend to compile a booklet of favorite writing to share with others.

I am grateful to be a channel whereby people enjoy and use their own potential. Each session enhances me as well as the participants. I feel very much part of "Learning is Living" as I am privileged to share time with my students.

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ANIMAL TRACKS

Courtesy of Monterey County SPCA
by Cathi Stalder
Education Director

Hopping Mad

Most adults wouldn't think of aiming the nozzle of their hair spray toward their eyes. Nor would they splash bleach, dish soap, scouring powder, or a host of other cleaning solutions and cosmetics in their eyes to determine if they were irritants. We seem to be blessed with an innate reasoning ability that prevents us from following through on such destructive acts. Unfortunately, for thousands of rabbits this procedure of spraying splashing, dousing, and rubbing cleaning supplies and cosmetics into their eyes is standard.

This procedure became popular during World War II when the American government helped Great Britain test newly developed gases that were considered eye irritants.

The test became widely used not only for government purposes but also in private industry. Most large companies, as well as many small companies, routinely test cosmetics, cleaning solutions and chemicals for scientific, moral and legal reasons. A company must be absolutely certain that one of their products will not cause cancer if used properly. Cosmetics are routinely checked on rabbits to determine eye irritancy.

The prodecure used is called the Draize test and was named after a former pharmacologist with the U.S. Food and Drug Administration.

Before marketing any new product it is first tested on rabbits, using the Draize procedure. The rabbits are first placed in restraining stocks while the test is being administered to prevent the animals from moving about. To test a product, the substance is placed in one eye of the rabbit while the other eye is used as a control. The tested eyes are observed for about a week, after which time the researcher will observe such changes in the eye as swelling, corneal opacity or even blindness.

It is not difficult to imagine the extreme pain that this test causes. Rabbits do not feel any less pain than humans, nor are they any less vocal about it. Like humans, they scream when subjected to pain and they do it very loudly.

Although the Draize test can be used with a local anesthetic to alleviate the initial pain and suffering of the animals, most researchers are reluctant to use it because anesthetics can inhibit the natural responses of blinking and tearing.

Luckily for thousands of generations of future rabbits who might be subjected to the horrendous Draize test, alternative tests are being developed. These tests would ultimately free the rabbit from experiencing this horrible fate.

Revlon Inc. is currently funding Rockefeller University's Laboratory Animal Research Center, and is devoted to seeking alternative methods. One such alternative is in vitro testing, which simply means testing tissue and cell cultures outside the body, instead of using the more common method of in vivo or the live method of Draize. Test tube experiments with cells from mice, hamsters and other animals have achieved the same results and have proven to be as reliable as the Draize test.

Hopefully, in the future other major companies will join Revlon Inc. in funding research laboratories and universities for development of alternative methods to in vivo testing.

We are indeed fortunate that most of us do have an innate reasoning ability that prevents us from foolishly spraying, splashing, dousing or rubbing cleaning solutions and cosmetics into our eyes. However, our true intelligence and reasoning ability will not completely surface until we no longer needlessly subject innocent animals to torture and pain when reliable, humane alternatives are readily available. All people have an ethical and moral obligation to animals as well as to each other.

SPCA Will Offer Two Specialized Volunteer Training Programs

The Monterey County Society for the Prevention of Cruelty to Animals will present two specialized volunteer training workshops in February.

The education department of the SPCA is looking for adults interested in working with elementary and secondary school students. Volunteers will give tours of the SPCA grounds and work with classes on learning activities.

The orientation for volunteers interested in working with schoolgroups will be held Monday, February 25, from 9:30 until 2:00 p.m.

There will also be a pet therapy workshop for people interested in visiting local convalescent homes with pets. This workshop will be held Saturday, February 16 from 9:30 a.m. until 1 p.m.

Both workshops will be held in the George Whittell Humane Education Building at the SPCA, 1002 Highway 68. Participants should bring a sack lunch.

For more information call 373-2631.

Baby Boy Arrives For Bill And Elizabeth Nelson

If the grins at Nelson's International Seafood Restaurant seem bigger it's because the owners, Bill and Elizabeth Nelson, just recently became parents. Their son, William Frederic Nelson, was born January 30 at 9:21 a.m. "He's adorable, nice and healthy" and just came home last Sunday, said Bill.

If it's any indication of what his future holds, the 7 lb, 4 oz. offspring arrived right on time, exactly on his due date. Not knowing what they would have in advance, Bill was prepared with cigars if it was a boy and another box of cigars if it was a girl. He'll be taking the other cigars back.

Congratulations to the new parents and a big welcome to the new arrival.

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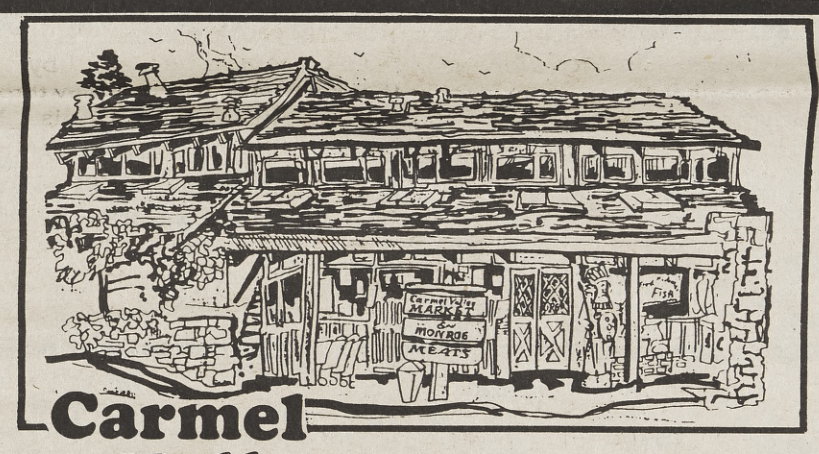

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VALLEY VOICES

Photos by Debi Effron.

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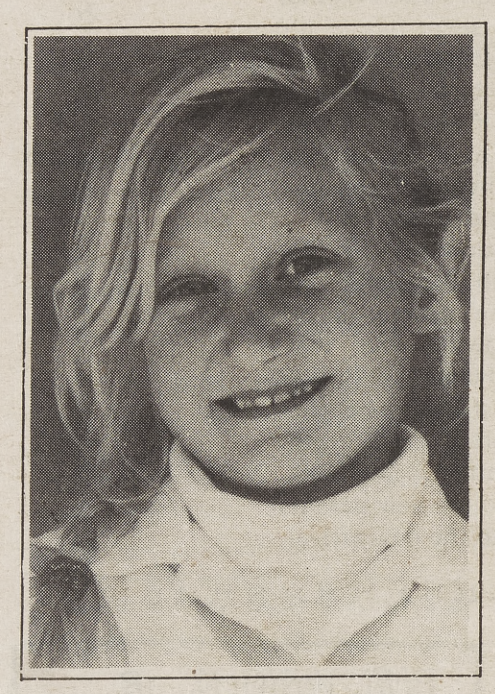

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BIRTHDAYS

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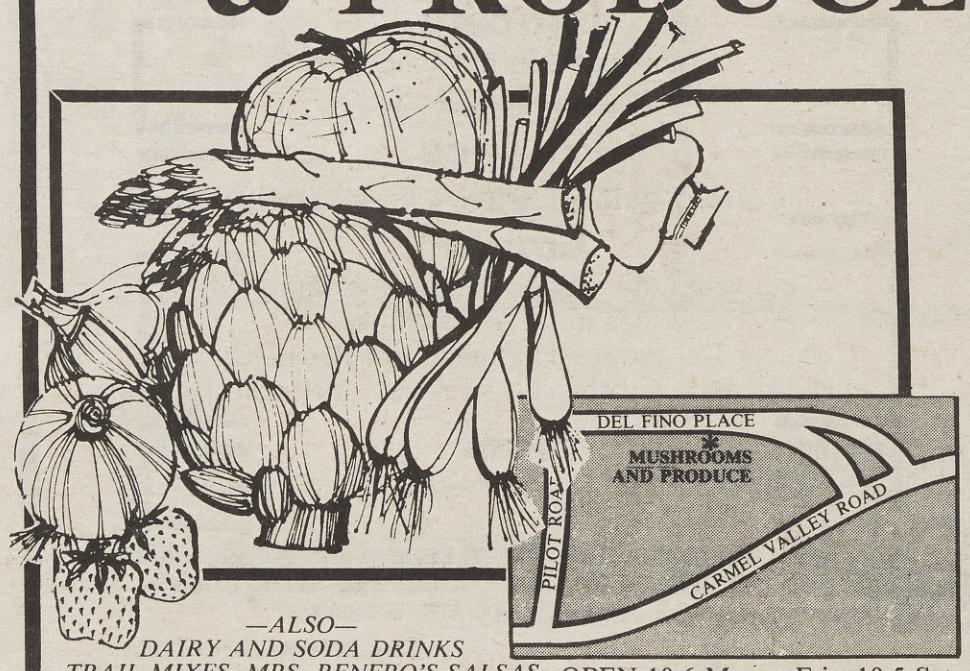

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